

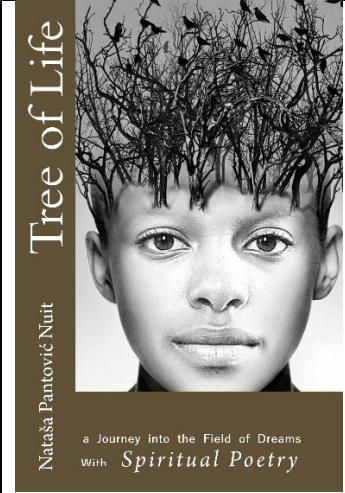
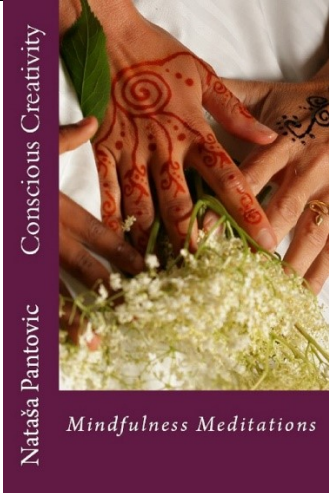
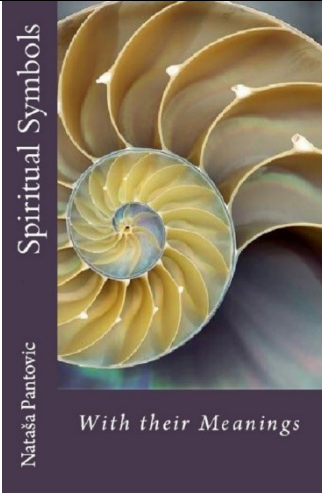
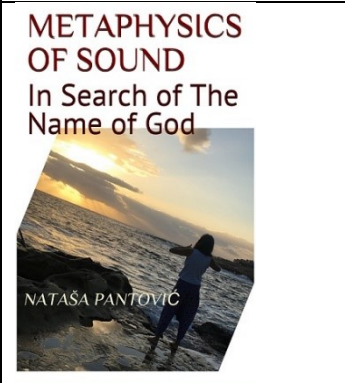
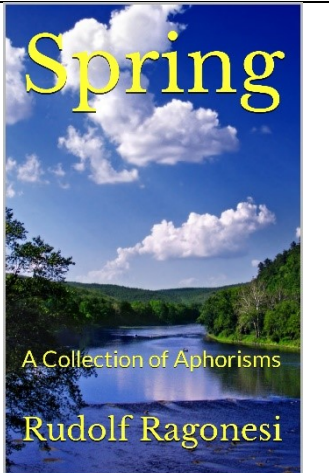

## Foreign Rights

Autumn 2020/21

## Non-Fiction + Fiction

When East meets West in Platonism, Neo-Platonism, Pythagoras, and the Philosophers of Ancient Greece, seen through the art and mysticism of saints, scientists and sages, the likes of Leonardo da Vinci, Plato, Jung...

		
<p>A-Ma Alchemy of Love by Nataša Pantović</p>	<p>Art of 4 Elements: Discover Alchemy through Poetry by Christine Cutajar, Jason Lu, Jeni Caruana and Nataša Pantović</p>	<p>Mindful Eating with Delicious Raw Vegan Recipes by Olivera Rosić, Nataša Pantović</p>
		
<p>Mindful Being towards Mindful Living Course by Nataša Pantović</p>	<p>Conscious Parenting Course by Ivana Milosavljević, Nataša Pantović</p>	<p>Chanting Mantras with Best Chords by Goce Nikoloski</p>

		
<p>Tree of Life: A Journey into the Field of Dreams by Nataša Pantović</p>	<p>Conscious Creativity: Ancient Europe's Mindfulness Meditations by Nataša Pantović</p>	<p>Spiritual Symbols with their Meanings by Nataša Pantović</p>
		
<p>Metaphysics of Sound: In Search of the Name of God by Nataša Pantović</p>	<p>A Collection of Aphorisms Book 1 Spring by Rudolf Ragonesi, also published in French and Italian</p>	<p>A Collection of Aphorisms Book 2 Summer by Rudolf Ragonesi, also published in French and Italian</p>

		
<p>A Collection of Aphorisms Book 3 Autumn by Rudolf Ragonesi, also published in French and Italian</p>	<p>A Collection of Aphorisms Book 4 Winter by Rudolf Ragonesi, also published in French and Italian</p>	<p>Ama Dios (4 AoL Consciousness Books Combined)</p>

Our world is changing at such breathtaking speed that we struggle to steer through this hurricane called life. We know that the future generations should not be forced to inherit our ecological debts.

Yet, we are experts at learning. Answering the question: Why is beauty so important to us? Is there a God, in art, symetry, orderly patterns? Why is Nature so deeply rooted in us: it challenges us, strengthens us, challenge us at all times. Research into consciousness, frequencies of sound, ancient art, patterns, forms and numbers.

Through a virtuoso blend of fact and fiction, the non-fiction and novels are about the difficult yet wonderful togetherness called life from micro to macro.

AoL (Artof4Elements [www.artof4elements.com](http://www.artof4elements.com)) publishes books, audio, and video materials in the areas of Personal Development, Ancient Worlds, Applied Psychology and Philosophy. We have published 44 ISBNs with 8 authors. Books are published in English, Italian, and French.

Authors = Nataša Pantović = Olivera Rosić = Mirjana Musulin = Ivana Milosavljević = Goce Nikoloski = Jason Lu = Christine Cutajar = Jeni Caruana = Rudolf Ragonesi =



**-Authors -**

 <p><b>Nataša Pantović</b> <b>MSc Economics</b></p>	<p>Nataša Pantović MSc Economics, Maltese Serbian Management Consultant, Adoptive Parent and Ancient Worlds' Consciousness Researcher. Using stories of ancient Greek and Egyptian philosophers and ancient artists, after being Head of Business Development, Consultant and Trainer of 4 of the largest consulting and IT companies in the UK, Holland, and Malta, I inspire researchers to reach beyond their self-imposed boundaries. Born in 1968, in Belgrade, Serbia, escaping war, and my country's economic collapse, with no major funds, my nomadic heart took me to more than 150 destinations and I lived in 5 (Holland, UK, New Zealand, Malta, Serbia). Speak English, Serbian, all Balkan Slavic languages, Maltese and Italian. Throughout 15 years, have represented Malta's IT outsourcing all around the planet, &amp; been on the Panel of Speakers of the Economist Mediterranean Business Summit in Marseille, France. A Sivananda certified yoga instructor with own studio, and 1,000s of read books, whilst volunteering, I have organized 6 large Body, Mind and Spirit Festivals, an International Vegetarian Festival, a 10 day Neolithic Temples Conference, helped build a school in a remote village of Ethiopia, and have since adopted two kids, as a single mum. Now a published author in Serbian &amp; English since 1991 with 3 novels &amp; 7 non-fiction books.</p>
 <p><b>Christine Cutajar</b> <b>MA Creativity</b></p>	<p>With Masters in Creativity and Innovation (2010 – 2013) from Institute of Design and Development Thinking of Malta, and BSc in Psychology from the University of Malta, Christine is a Maltese Artist who has exhibited her art, both photography and installations, solo and collectively, at St James Cavalier Centre for Creativity, in Valletta, Malta.</p>
 <p><b>Goce Nikoloski</b></p>	<p>Goce is a Macedonian singer who studied meditation, chanting mantras, vegetarian cooking, reflexology, and herbal healing methods. Developed his style, singing mantras in a German ashram permeated with Eastern spirituality. He has conducted numerous concerts for small audience, working with overtone singing, percussion instruments, and mantras from around the world that are chosen to be a support for mantra meditation practice.</p>
	<p>A Serbian Author from Prokuplje, Serbia. Mgr. Education, with Masters in Special Needs, Ivana now runs an NGO „Srećanica“, „Happy Hub“ that works with under-privileged kids in Serbia. She has created and runs numerous workshops for parents and kids. With many years of experience working in Special Needs Teaching in Serbia and Malta, she has also worked in „SOS</p>

<p><b>Ivana Milosavljević</b> Mgr. Education, MA Special Needs</p>	<p>help" centre. She is a co-author of Conscious Parenting: Mindful Living Course for Parents, Malta 2015.</p> <p>An interview with Ivana with Top-News Serbia <a href="https://www.topnovosti.rs/ivana-milosavljevic">https://www.topnovosti.rs/ivana-milosavljevic</a></p>
 <p><b>Olivera Rosić</b> BSc Faculty of Forestry</p>	<p>Olivera Rosić is a Raw Vegan Love Chef &amp; Instructor With a BSc of Faculty of Forestry, Belgrade, Serbia, Olivera loves raw food and whole-heartedly believes in its health benefits. Published Author in Serbia and in Malta.</p> <p>Olivera engineered a wonderful concept of con·nois·seur of raw food. She is a joyful host of numerous workshops where she presents her guests with wonders of her raw food cooking.</p> <p>She is a regular columnist of a raw food recipe section of the magazine <i>Live Health</i>.</p> <p>She adores experimenting and creating the most appetizing vegan dishes, delicious freshly squeezed juices and rich chocolate cream with raw coco.</p>
 <p><b>Jason Lu BA Art</b></p>	<p>Chinese-American artist Jason Lu's passion are installation exhibitions.</p> <p>Born in Taiwan of Chinese origin, Jason moved to San Francisco, USA, at the age of 15.</p> <p>Managing Director at Consciouseed, Creative Director at Veda Alliance, Jason Lu lives in Taipei, Taiwan. He has studied sculpture at Florence Academy of Art (1999 – 2002). He has exhibited in the US, Malta, Italy.</p> <p>"Pure happiness, sadness, or anger only exist among children," Jason says of the interactive work in the interview with Sunday Times. „Inspired by the Chinese philosophy of Yin and Yang, it is art that can not only be seen, but also felt." "It's not about the end result, but about being part of the project."</p>
 <p><b>Dr Rudolf Ragonesi</b></p>	<p>Juris Doctor (J.D.) of Environment Law, CEO of The Gaia Foundation that specialises in environmental management.</p> <p>As Founder and Ceo, Rudolf has worked at developing the setting up of national parks, eco sites and coastal zones and their integrated management, in the two Mediterranean islands of Malta and Gozo, as well as setting up an eco community in Monte Altore, Italy.</p> <p>Author of: A Collection of Aphorisms Book 1 / 4 in English, that has been translated to Italian and French.</p>



**Jeni Caruana, BA  
Arts**

Born in England, Jeni Caruana settled in Malta in 1977 and has since become a well-known contributor to the Maltese art scene. She is known for her water-colour landscapes and her on-the-spot painting at live music and dance performances.

1970 – 71 Art and Design, Uxbridge Technical College

1972 – 73 Foundation course, Hull Art College

1973 – 76 Illustration, Harrow College of Art

Experience: More Than 30 Solo + More Than 20 Collective Exhibitions, Including Exhibiting in National Museum of Archaeology, Russian Cultural Centre, National Museum Of Fine Arts, The British High Commission, Ministry For Tourism And Culture in Valletta, Malta, in Tunis, in London, "The 10 leading watercolourists". *An Author of 14 Illustrated Publications, 2004* Guest Speaker At "Women Who Create" Conference And Workshop In Oslo, Norway, 2016 Represented Malta in Watercolour Conference, in Fabriano, Italy.

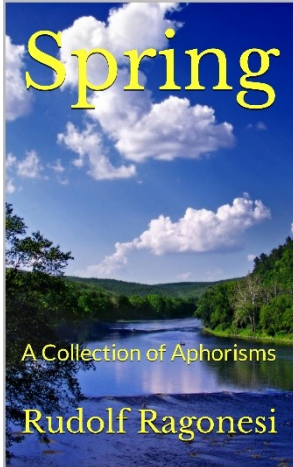
<https://artid.com/members/jenicaruana/profile/>



**Mirjana Musulin,  
MSc Economics**

A Serbian Author of A Guide to Mindful Eating (AoL Mindfulness #2).

*Aphorisms go beyond esoteric wisdom, we test them against own experience*



Spring (Book 1), Summer (Book 2), Autumn (Book 3), Winter (Book 4)

Author: Rudolf Ragonesi

Genre Non-Fiction, Poetry 4 books, A Collection of Aphorisms, available in English, French and Italian

### Description

As the river flows inexorably to the sea, sweeping us along, we find ourselves stepping out onto the shore, reflecting on it all. Such moments come as we awaken in the morning, wait at the traffic lights, walk the dog or stir a pot on the boil. Thoughts are the most spontaneous and intimate thing we possess, if indeed we can speak of possession rather than a glimpse of the 11 picture, seen through our eyes, that appears before us day to day. They are what make us who we are, as all that surrounds us pushes, drives, moulds and tests us, forming every fibre of our being. Certainly we are not our thoughts, but we come together when we choose to share them.

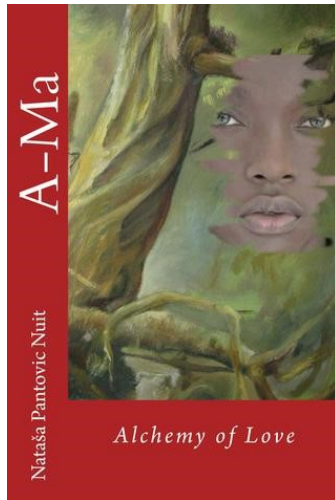
These aphorisms cover the gamut of the human experience, with recurrent themes of love, liberty, the mind and character. "I hope you enjoy reading them as much as I have enjoyed penning them." The Author

The aphorism is a sort of gem, precious as it is rare, Enjoyable only in small doses.

An aphorism is a concise, terse, laconic, or memorable expression of a general truth or principle.

Almost all books of aphorisms, which have ever acquired a reputation, have retained it," John Stuart Mill wrote in 1837. We prefer collections of aphorisms over big books of philosophy, Mill thought, because the aphorism is, in its algebraic abbreviation, a micro-model of empirical inquiry."

*"Its miracle and its enigma are within the worlds of inner alchemy of the Age of Enlightenment." Sunday Times*



## A-Ma Alchemy of Love

Author: Nataša Pantović

Genre Historical Fiction, 207 pages, Size: 6"x9", AoL #1, Formats: e-Book, Paperback, Hard Cover.

### Description

A-Ma or Playing the Glass Bead Game with Pythagoras, is a Historical Novel set in the 17th century Chinese Macao, where History is like the Playing the Glass Bead Game with Pythagoras.

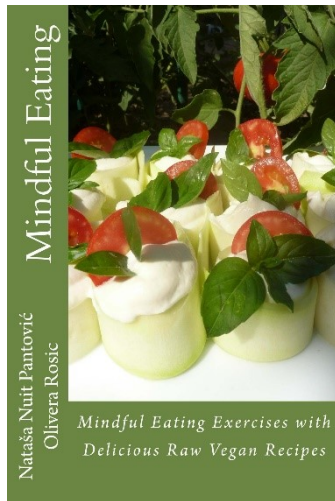
*"A bridge builder between East and West, following ancient archaeological findings, she often dives into the historic settings more than 2,000 years back in time. In her novel, Ama: Playing the Glass Bead Game with Pythagoras, the 53-year-old author makes a bold swerve into less traveled territory. She chooses for her protagonists: Ama, an African Priestess, living in the China's 17th century's Macao with Ruben who is a Portuguese Jesuit priest, Father Benedict, an Orthodox Christian with home in Balkans, and the book's perspective on China's rapidly growing Macao, changing sights and sounds, smells and perspective, from a bat to a goddess to a spirit. Its miracle and its enigma, is within the worlds of inner alchemy at the Age of Enlightenment."* **Sunday Times A-Ma's 5 stars review**

*"I started writing this as a 17th-century novel. In this novel, it was easy to write from the point of view of the main character, a priest or Ama's mother, or a man without a name, or a Goddess Lilith, I wanted to bring in the many first-person singular voices, starting with an animal, a bat who is a story teller, moving to Pythagoras, to people who meet Ama within the setting of her coffee house. This narrative framework is 50% inspired with the Yin mind-set, dreamy and emotional and 50% factual, male, mind driven."* Says the Author in the Interview.

*"Holding up a mirror to society of ancient worlds can be fanatical or too obvious within the storytelling environment, so I had to break the rhythm with myths, with art, with dreams."* Sunday Times



With Vegan Mindful Eating towards Conscious Living



## Mindful Eating with Delicious Raw Vegan Recipes

Author: Olivera Rosić, Intro by: N. Pantovic

Genre Non-Fiction, Vegan Cooking, 120 pages, Size: 6"x9, AoL #3, Formats: e-Book, Paperback, Hard Cover.

### Description

Mindful Eating with Delicious Raw Vegan Recipes is designed with the best AoL Mindful Eating Exercises and a collection of Delicious Raw Vegan Recipes that aim to inspire you to eat mindfully fresh, uncooked fruits and veggies every day.

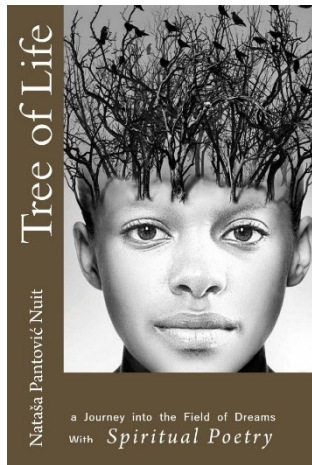
Our experienced vegan chef Olivera Rosić adores experimenting and creating the most appetizing vegan dishes, delicious freshly squeezed juices and rich chocolate creams with raw coco. Her mind is always full of little cooking secrets of how to create a dish that is truly unique.

Olivera Rosić BSc Faculty of Forestry is AoL Mindfulness Raw Vegan Love Chef & Instructor.

Olivera loves raw food and whole-heartedly believes in its health benefits. Olivera engineered a wonderful concept of con·nois·seur of raw food. She is a joyful host of numerous workshops where she presents her guests with wonders of her raw food cooking. She is a regular columnist of a raw food recipe section of the magazine Live Health.

She adores experimenting and creating the most appetizing vegan dishes, delicious freshly squeezed juices and rich chocolate cream with raw coco. The ingredients of her meals are carefully chosen seasonal veggies and fruits, organically grown, often grown at her home, raw, and delicious. Her raw creams, soups, and sauces are the tastiest ever and she knows little secrets of how to make her guests lick their fingers after every meal she makes.

## A Journey into the Field of Dreams



### Tree of Life

Author: Nataša Pantović

Genre Historical Fiction, 326 pages, Size: 6"x9" AoL #7

Formats: e-Book, Paperback, Hard Cover.

### Description

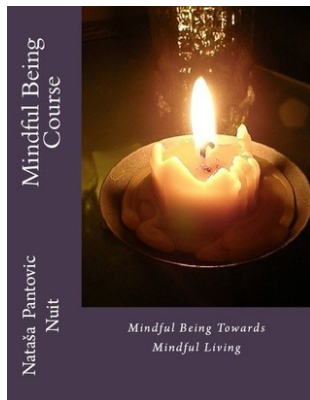
A metaphysical novel set in Findhorn, the UK, as a Journey into the Field of Dreams. The Tree of Life in various religious interpretations, within myths, and as a mystical concept represents the inter-connection of all life on our beautiful planet. A true adoption story venturing into Serbia, Africa, Ethiopia, Kenya, Malta.

Our Holographic Universe resonates with the most amazing precision creating Realities of our Choice. Using the sound (Aum, Amin, Allah) resonance to mediate, today & in the past our artists use symbols to enter higher states of consciousness.

The oldest recorded history of Europe is Ancient Greek Herodotus, Orphic Rituals Text of Derveni Papyrus, 1<sup>st</sup> ever published Sumerian Liturgy of the Moon SiN Priestess, and Dio-Nysus cult in the European Balkan, that all speak of Goddess.

"The subconscious material or mind chitta has its own "body" and while ascending the Spiral of Consciousness we realize how we relate to each other in our drive for Goodness. The Universe's Micro and Macro Cosmos is at our feet searching to manifest as deeper knowledge and understanding of our little Self within Conscious Living with all the sentient beings on our little planet Earth." the Author Nataša Pantović.

“A Personal Development Course that actually helps.” As voted by Goodreads readers



## Mindful Being Course

Author: Nataša Pantović

Genre Personal Development Non Fiction, AoL #4,  
192 pages, Size: 8"x10". Formats: e-Book, Paperback,  
Hard Cover.

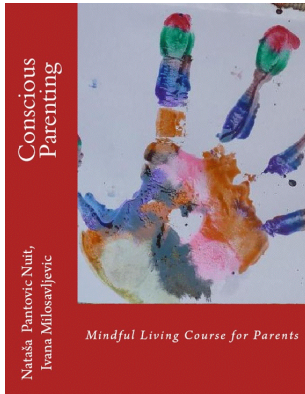
## Description

### Why European Mindfulness?

Variety of religious and spiritual movements, such as Yoga, or the New Thought use “mindfulness” for spiritual growth and development. Such an ancient concept in Europe, an innate quality known in Ancient Greece as “Pure Reason” or with Egyptians as “heart-mind” or “Intelligence of the Heart” going back to Ancient Egyptian Babylon’s philosophy, or Ancient Greek Plato’s Soul’s Eye that is purified “for it is by it alone that we contemplate the truth.”, the naming of God’s idea of Pythagoras Music of the Spheres., the mystical practices of Balkan’s Slavs, or Ancient Maltese or Cyprus, or Olimp temple worshipping rituals. In her NET TV Interview Nataša Pantović explains how from the point of view of psychology, meditation induces altered states of consciousness.

The course consists of 12 modules that are full of mindfulness exercises and transformational tools designed to help the explorer understand body, thinking patterns, core beliefs, relationships matrix. On this journey, you will be exploring: Your Weekly Nutrition Plan, Your Soul's Diary, Spiritual Diary, Meditations, Dreams World, Relationship Contract, Personal Development Plan, etc.

## “5 Best Kids Development Courses of 2017” As voted by Goodreads readers



### Conscious Parenting Course

Author: Nataša Pantović & Ivana Milosavljević

Genre Personal Development Non Fiction, AoL #5, 228 pgs,  
Size: 8"x10". Formats: e-Book, Paperback, Hard Cover.

### Description

Inspired by Waldorf educational model, and Finland educational system, with personal-development tools to look into parenting goals, dreams and priorities. In 2018 the book was voted as one of 5 of the best Personal Development Courses for kids and parents and have been on a number of Goodreads users lists for the Best Books for Parents. The book excerpts were published in the Sunday Times of Malta as Alternative Education Articles and the Wikiphow views of the book excerpts of the articles hit the 1,000,000 views.

Wikipedia: "In her book Nataša describes the negative social aspects of modern technologies that discourage any other play or activity. Nataša researches and supports the Finnish educational model where schools testing and homework are discouraged and where competition is not emphasized." Explaining the importance of Free Play Nataša in an interview with Buzzfeed says: "Children learn intuitively, perceiving the subtle inner relationships observing nature. With free creative play... children are given a chance to unconsciously learn and emotionally mature through own games."

The course consists of 12 modules that are full of mindfulness exercises and transformational tools designed to help the family understand body, thinking patterns, core beliefs, relationships matrix.

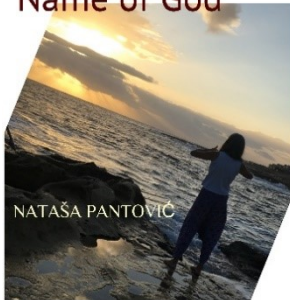
Conscious Parenting: Mindful Living Course for Parents by Nataša Pantović and Ivana Milosavljević (Md Special Needs), AoL Mindfulness #5, a "Green-Lifestyle" Training designed for parents with plenty of Questionnaires and Family exercises. We explore the magic work with: Rhythm, Day-to-day Routine, Happy Family Structure, Cultivating Relationships, etc.



## A Brief History of the World beyond the Usual

### METAPHYSICS OF SOUND

#### In Search of The Name of God



Metaphysics of Sound: In Search of the Name of God

Author: Nataša Pantović

Genre Historical Fiction, Size 6"x9" Published: 2021.  
Formats: e-Book, Paperback, Hard Cover.

### Description

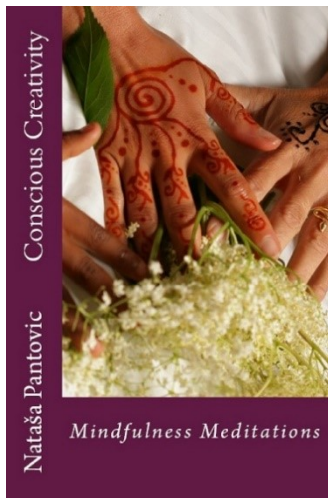
This book explores the History of the development of the sound in the Ancient Civilizations of Mediterranean, from the beginning of writing and recorded human history in Ancient Egypt and Sumerian Kingdoms. In search of the name of God, the main protagonist Ivana, travels to the Ancient Serbian Vinča's or the River Danube Neolithic Advanced Civilization and researches the mysticism of the sound and frequencies of the 21 pottery symbols found in Vinča.

Followed by the "classical antiquity" with the Hellenistic, Eastern European history in the Ancient Mediterranean, from the beginning of recorded Ancient Greek history in 776 BC. This roughly coincides with the Golden period in Ancient Greece in Balkan. Following the development of the languages researching the Ancient Egyptian Rosetta Stone, the Ancient Homeric Ionic Greek, using the Slavic Cyrillic script to map the oldest Phoenician Alphabet to the European development of languages.

Taking an unconventional view that Slavs did exist in Neolithic Europe, that the Ionian Greeks traveled to Malta in 600 BC, Ivana is an ancient worlds researcher who is in search of the Name of God. Journeying she meets David, a British phd holder, on his voyage through Balkan lands. Their encounter becomes a discussion of the two world views – liberal and radical, East and West, female and male.

In a short history of the development of people, sounds, frequencies, author tells us why the ancient Slavic culture in Balkan had difficulty in expressing its origins, how did Sumerian cuneiform script influence the world of thought, and how did the Babylonian Amarna letters bring the revolution of consciousness.

## Learning from Ancient Egyptian Axen, Chinese Ancient Characters, & Archaeology of Serbian Vinča's pottery Symbols



### Conscious Creativity: Ancient Europe's Mindfulness Meditations

Author: Nataša Pantović

Genre Historical Non-Fiction, Series: AoL Book #7, 128 pages, Formats: e-Book, Paperback, Hard Cover.

### Description

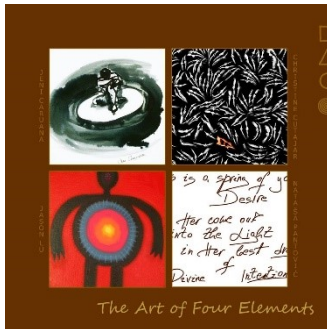
Walking the steps of the very ancient female approach to goodness, from the Sumerian moon goddess Sin priestess, seen through the eyes of the priests, scientists, and artists of the Serbian Vinča, New Kingdom of Egypt and its goddess Axen, researching Babylon symbols and sounds, Minos of Cyprus, Ancient Greek's Zeus, Pan, Athene, Venus, ancient Maltese goddess, Balkan's Orphism rituals later adopted by Christians, Dio-Nissus and its cult in ancient Europe, Pythagoras focus on mathematics and music.

In Malta, for around 1,500 years, flourished a unique culture that has built stone temples using megalithic stones above and under the ground, worshipping Death, Mother Goddess, Creation and Dreams. The Temple Culture, the archaeologists call it, has built more than 24 temples on a tiny island in the middle of Mediterranean. Their building master-work has started 3,500 BC, bloomed for a long time, over 1,500 years, and has disappeared by 2,500 BC, around the time at which the pharaohs of Egypt begun building their pyramids.

Traveling in time through the Ancient Malta, Minoan Crete, Sicily, and witnessing a Maicenean Ancient Greek cultural explosion, its subconscious imprint within the alphabets. There is a complete absence of evidence in any form for warfare, weapons, defensive sites, wounds on skeletons. All evidence indicate a stable, peaceful and artistic community worshipping Goddess. This is the time of our first writing, large sports events, amphitheaters, democracy.

AoL (Artof4Elements [www.artof4elements.com](http://www.artof4elements.com)) Malta has published 44 ISBNs with 8 authors. Books are published in English, Italian, and French.

...Discover Love through Inner Alchemy and Magic Symbolism of Alchemy through Poetry...



Art of 4 Elements: Discover Alchemy through Poetry

Authors: Nataša Pantović, Jeni Caruana, Jason Lu, Christine Cutajar

Genre Poetry Non-Fiction, Series: AoL Book #2, 266 pages.  
Size: 10"x10" Formats: e-Book, Paperback, Hard Cover.

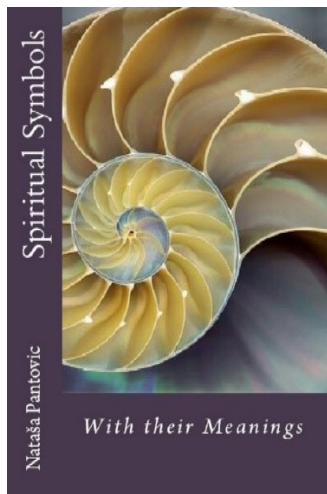
„Seated on a panel with her fellow writers, Maltese-Serbian novelist Nataša Pantović has been known to use slam poetry to perform her poetic body of work. Like her prose, the improvised words, tribal music, sounds, lengthy ‘aum’ chanting, are neither too preposterous nor too earnest but endlessly curious.” Sunday Times.

Art of 4 Elements: Discover Alchemy through Poetry, is AoL Mindfulness Book #2, a collaboration of 4 International artists living at the time in Malta: a Serbian Maltese Nataša Pantović (Nuit) with MSc Economics, a Chinese American Jason Lu with BA of Arts, a Maltese Christine Cutajar with MA in Creativity, & an English Jeni Caruana with BA in Arts, who teamed to create this amazing mystical journey of 120 poems and 120 art works. The poetry acted as an inspiration for the work of the artists. These mystical meditations of the "Art of 4 Elements" artists were chosen to be exhibited in the prestigious Centre for Creativity, St James Cavalieri, in Valletta, Malta.

Join us on this spiritual, inner alchemical transformation, from the visible into words, and words into images, exploring the four elements, and their occult essoteric, philosophical manifestation within Nature:

- Earth that is fixed, rigid, static and quiet, and symbolizes the world of senses;
- Water that is the primordial Chaos, is fluidity and flexibility, and symbolizes the world of emotions;
- Air that has no shape and is incapable of any fixed form. It is a symbol of thoughts.
- Fire that is boundless and invisible, and is a parching heat that consumes all, or within its highest manifestation, becomes the expression of Divine Love; and
- Spirit that stands at the center of the four elements as an Essence, an Observer, Consciousness coming forth to experience the magic of Life.

„A bridge builder between East and West, following ancient archaeological findings, she often dives into historic settings more than 2,000 years back in time.” Sunday Times



## Spiritual Symbols: With Their Meanings

Author: Nataša Pantović

Genre Ancient Worlds Symbolism Non-Fiction, Series: AoL Mindfulness #8, Year: 2018, Formats: e-Book, Paperback, Hard Cover. Size 152 pg 6" x 9"

Join Spiritual Symbols with Their Meaning, an archaeological and linguistic research, following the ancient script, into ancient wisdom through ancient art, symbols of Ancient

Egyptians, Neolithic European art, Gods' Names of Ancient Greece, Goddesses symbols of Neolithic Mediterranean counties. Researching the True Name of God Tetragrammaton scripts in Phoenician 1200 BC, Ancient Greek, in Rosetta Stone and in the signs of Ancient Danube advanced cultures.

Going back in time, while describing One & Only within the ancient Greece we find the use of:

- 1) ΙαΩ,
- 2) tetragrammaton יהוה in Hebrew as YHWH in Latin script and
- 3) kyrios read more about Esoteric teachings of Golden Citizens of Ancient Greece.

The True Name of God following development of languages with "Yehovah" spelling, researching Ancient Egypt Rosetta Stone Sounds with a Slav mind, GrČka of Greece, Mačka (cat), Džungla (Jungle), Žena (Women), Đ of Đavo (Devil). Frequencies of sounds researching Ancient Egyptian 3 scripts: hieroglyphs, the sound based writing and Ancient Ionic Greek comparing with Chinese characters, Tao Te Ching. According to the Ancient Egyptian Myth the hieroglyphic script was invented by the God Thoth. We all remember 1,000 distinct characters of formal writing system used by pharaohs. Now, cursive hieroglyphs were used for religious literature on papyrus and wood, this is what researchers now call "the Proto-Canaanite alphabet", the term used for inscriptions older than around 1050 BC that later evolved into the Phoenician alphabet.



The Books have made it to some interesting Best Books Lists

## Eastern Philosophy recommended books Goodreads



## Eastern Philosophy recommended books Goodreads list

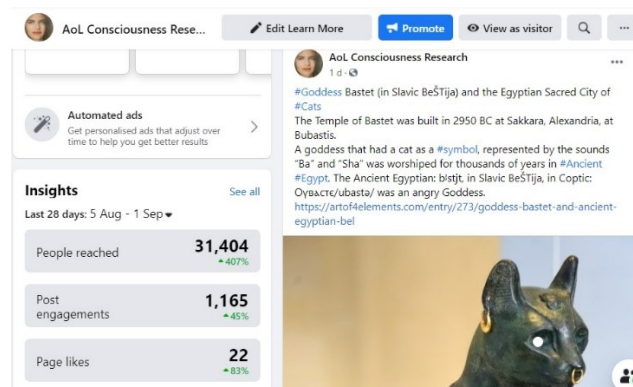


Enlightenment or Life Transformation Books List with Conscious Parenting Course by Nataša Pantović and Ivana Milosavljević and Mindful Being Course by Nataša Pantović

## 5 Best Personal Development for Kinds includes Conscious Parenting Course as #4 for the Year!



## 31,404 Organic Facebook Reach AoL Consciousness Research – <https://www.facebook.com/NatasaNuitPantovic/>



Links to Interviews:

## ARTS AND ENTERTAINMENT

# A beautiful mind

ANA MATKOVA

Seated on a panel with her fellow writers, Maltese-Serbian novelist Nataša Pantović has been known to use slam poetry to perform her poetic body of work.

Like her prose, the improvised words, tribal music, percussionist sounds, lengthy 'aum' chanting, are neither too preposterous nor too earnest but endlessly curious. A bridge builder between East and West, following ancient archaeological findings, she often dives into historic settings more than 2,000 years back in time.

In her novel, *Ama: Playing the Glass Bead Game with Pythagoras*, the 52-year-old author makes a bold swerve into less-travelled territory. She chooses for her protagonists Ama, an African priestess, living in China's Macao in the 17th century; Ruben, a Portuguese Jesuit priest; and Fr Benedict, an Orthodox Christian.

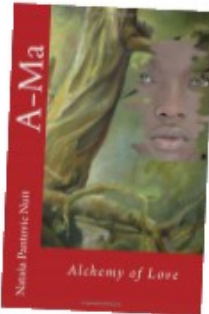
The book explores the rapidly-growing Macao, its changing sights, sounds and smells from different perspectives, from that of a bat to a goddess to a spirit. Its miracle and its enigma are within the worlds of inner alchemy of the Age of Enlightenment.

Can you tell us about *Ama: Playing the Glass Bead Game with Pythagoras*?

Both Hesse and Tolstoy were my first spiritual gurus. Through their deep insights and soulful messages, for the first time I experienced the world of spiritual growth and deep contemplation. Many artists have inspired my writings, the likes of Leonardo da Vinci, Lao Tzu and Giordano Bruno. Pythagoras lived on the crossroads of civilisations, as I see us, and he has given us his fascinating research into music and numbers. With my deep respect towards ancient worlds, Pythagoras with his ancient Egyptian mystical knowledge had to be my protagonist.

In your novel, you follow the famous reform of the Chinese calendar during the 17th century. Can you tell us about your research?

I started writing this as a 17th-century novel. In this



novel, it was easy to write from the point of view of the main character, a priest or Ama's mother or a man without a name or a goddess, Lilith.

I wanted to bring in the many first-person singular voices, starting with an animal – a bat, as a storyteller, moving to Pythagoras, to people who meet Ama within the setting of her coffee house. This narrative framework is 50 per cent inspired by the 'yin' mindset; dreamy and emotional, and five per cent factual, male and mind-driven.

What is it within this black main character that fascinates you so much?

Ama lived with me for 10 years before I knew I would adopt two kids from Ethiopia, yet Ama as the main protagonist of the story has decided to be black.

Was Athens black at the time of the ancient Greeks or was it full of Slavs that during the Dark Ages were not allowed to have their own European history?

All my characters do have strong political, ideological and moral commitments, their ideas are ground-breaking; it is a science against the Church, male against female, East against West conversation.

Holding up a mirror to society of ancient worlds can be fanatical or too obvious within the storytelling environment, so I had to break the rhythm with myths, with art, with dreams.

This novel is, of course, about the search for truth, but from the goddess



Nataša Pantović and her son Andrej at the launch of the novel *Tree of Life: A Journey into the Field of Dreams* in Valletta 2019.

perspective, about love and union, of the priestesses that have given us the first commandment "Do not kill..."

In this novel you explore the Age of Enlightenment, and 'Western' ancient Greek philosophers. Can you talk about your use of the Eastern concept of 'mindfulness' in this context?

There are a number of 'instant happiness' gurus out there, I do not believe in a 'get rich in a day' message, but I do believe that if we learn how to listen to our soul, we will be able to live our highest potential.

We live in a rapidly changing world. When I was born in Belgrade in 1968, at the time of no TV or internet, the population on the planet was one billion. Now they say it is seven billion.

The changes I have seen during my lifetime are huge. Emotionally, mentally and

physically, we have to adopt different behaviour patterns, not just to survive, but to thrive without abusing other social groups or animals or endangering planet Earth.

The next stage, the stage of cultural life, is beyond the knowledge of more than 90 per cent of the population.

Having a percentage of the population that neither collects objects nor watches TV, nor reads newspapers, that is still capable of thinking, un-hypnotised, to appreciate art, or dance or sing, and is able to think creatively, is a part of my research fascination.

Nataša Pantović is a Maltese-Serbian novelist, management consultant, adoptive parent, and ancient worlds explorer based in Malta. *Ama: Playing the Glass Bead Game with Pythagoras* and other books by Pantović can be purchased on Amazon.



## Macau Interview - "A-Ma: Alchemy of Love", uma narrativa passada em Macau sobre "a busca pela verdade"

<https://portofinalmacau.wordpress.com/2020/08/10/a-ma-alchemy-of-love-uma-narrativa-passada-em-macau-sobre-a-busca-pela-verdade>

## Malta Today Q & A

[https://www.maltatoday.com.mt/lifestyle/question\\_and\\_answer/104592/natasa\\_pantovic\\_c\\_meditate\\_in\\_an\\_attempt\\_to\\_recall\\_my\\_dreams#.YEOI8GhKjKB](https://www.maltatoday.com.mt/lifestyle/question_and_answer/104592/natasa_pantovic_c_meditate_in_an_attempt_to_recall_my_dreams#.YEOI8GhKjKB)



## Wayne Turmel Interview with Nataša Pantović Spirituality and Historical Fiction Interview with Nataša Pantović

## Joyce Strand Experts Interview with Author What the Experts say: Nataša Pantović

## Read Writers Club Interview Read Writers Club Interview with Nataša Pantović

## Buzzfeed Interviews with Nataša Pantović Nataša Pantović talks to BuzzFeed

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