

Spiritual Symbols with Their Meaning



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Alchemy ☺ Love

Mindfulness Training Book #8

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DEDICATION

To all Mindfulness and Alchemy Explorers who see the beauty in every-day
Nature & Universal sacred language of symbols and signs. We will not talk
about spiritual symbols worshiped by major religions but about trees,
numbers, spirals that we meet daily.
Through symbols to mindfulness meditations.

Contents

- Spiritual Symbols with Their Meaning..... i
- Alchemy Symbols..... 10
 - What is Alchemy? 11
 - Alchemy Symbols manifesting in three Worlds 13
 - Alchemy Symbol of Gold 15
 - Chinese Alchemy 19
 - Alchemy and Philosophers Stone Lapis..... 24
 - Lapis and VITRIOL 25
 - Emerald Tablet of Hermes or Tabula Smaragdina Hermetis..... 30
 - Light and Divine 32
 - The Caduceus 36
 - To the Serpent, by Nuit 39
- Spiral Symbolism 41
- Spiral of Life or Trinity 46
- Spiritual Meaning of Numbers 51
- 4 Elements Wedding Ceremony..... 72
- Meditation Spiritual and Occult Symbols..... 75
- Meditation and Christianity 78
- Meditation as a Spiritual not Religious Tool 81
- Wu Wei, Art of 4 Elements Poetry by Nuit..... 95
- Schumann Resonance 96
- Phoenix by Nuit 118
- So our worlds will become: So-Ham 119
- What is Your Spirit Animal?..... 122
- Tree Magic..... 130

INTRODUCTON

Symbols and signs are the languages of the soul. Symbols and signs are the language of dreams. Occultists believe that signs and symbols are given a supernatural power at their creation. Words, signs and symbols, images, colors, light, are all used for eons to convey a spiritual meaning.

The Mystics, the Magi initiates, the guardians of the oracle mysteries acquired deep knowledge of the laws of the spiritual world and their interaction with the sense world. Some of them worked hard all through their lives to decipher the spiritual forces behind the forces of nature and to learn how to control the elements.

The Mystics of India

In ancient India the philosophers and the yogis observed the world as an illusion. Yet, the magic of the spiritual world stayed deeply connected to the sense world. Within the science of yoga, the science of mind, body and soul is beautifully correlated. The way we breathe influences the world around us, our perception of the worldly phenomena, our happiness. The way we treat our spine influences our health and wellbeing. Finally the way we treat our thoughts, or the science of mindfulness and meditation influences our current incarnation and the incarnations to come.

Patanjali, within his Yoga Sutras, gives a foundation of the science of Yoga, or the 'Kingly Science of the Soul', mapping the step by step rules, and methods, to make a man perfect, leading him or her from an average person, through to initiates, to a master yogi. A yogi aims to free him / herself from the moods, longings, desires, and emotional reactions that are ruling the life of an average person and has arrived at the point of peace.

The Mystics of Greece

For the philosophers of ancient Babylonia and Greece the sense world was not considered an illusion.

In the search for Divine, they turned towards art, towards symbols and signs within myths and legends. They created such a marvel of art that every detail became an expression of the spiritual. In mysterious ways the wisdom of the initiates poured into poets, artists, and thinkers. They awakened powers of thought and feeling that are not directly stimulated by the spiritual world. Manipulating the elements, they turned towards the Lady Science and carried her principles to the point that we are now able to manipulate the sound, the light, the matter and its manifestation.

The Mystics of China

Chinese created I Ching that within its symbolism reflects the universe in miniature. The book is at the heart of Confucian thought and Taoism, but also a common tool amongst the fortune tellers that use it as a divination text and a roadside oracle. Longmei zi, early 13th century, depicts Qian and Kun.



The I Ching starts with the hexagrams Qian and Kun. Qian is heaven and Kun is earth. Qian (☰) and Kun (☷), the male and female principles.

When heaven and earth are born, the whole of creation comes into being. All the lines of Qian are masculine, its symbol is the dragon. Kun is earth. It is purely feminine. Earth creates the world and the whole of creation counts on it for nurture and growth. Kun is the female horse.

The Mystics of Kabbalah

Kabbalists designed the Tree of Life and the Tarot symbolism followed it. Kabbalah is an esoteric teaching, a science that explores metaphysical principles of the universe. Any material object and action from both the micro and the macro world is controlled by the spiritual forces.

Kabbalah attempts to understand these spiritual sources, to know their nature and properties. Within the basic structure of the Tree of Life we find the ten Sefirot, each corresponding to a divine quality. They divide into masculine and feminine qualities. The Sefirot are a blue-print of all

the phenomena from cosmic forces to human relationships. The Sefirot are linked together in precise relationships and governed by the three divine principles: balance - Will, expansion – Mercy, and constraint - Justice.

The Tarot is used as a symbolic reflection of the Tree of Life, a remarkable repository of esoteric knowledge and a powerful tool for spiritual and psychological exploration.

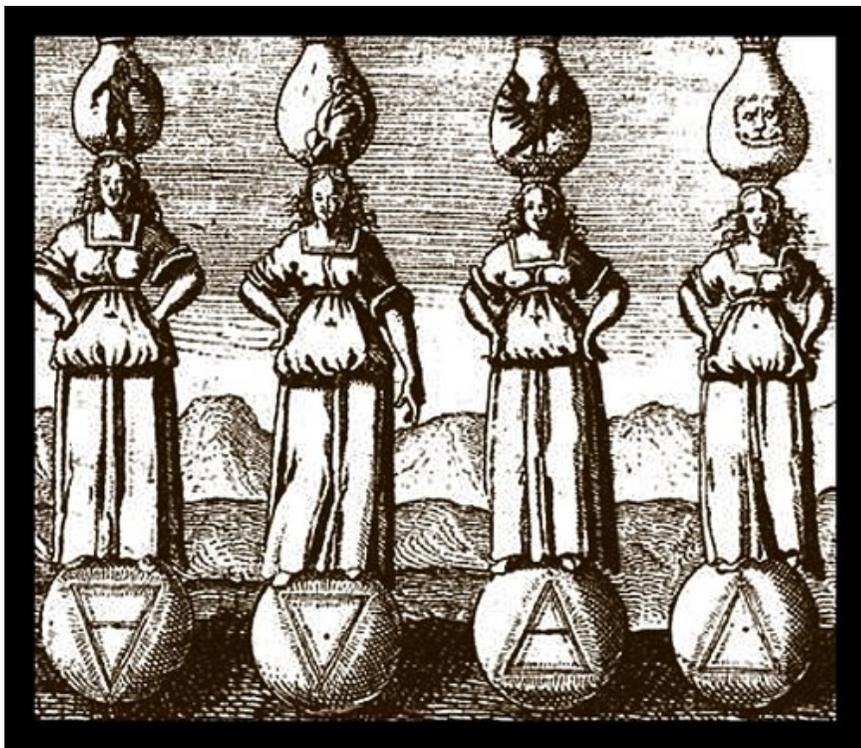
Mystics Magic and God

To a Chinese sage, a Yogi, and a Cabbalist Mystic, the earth is a field of activity that has to be transformed, so that it carries an imprint of human will.



Just as God is hidden, so are the inner secrets of Her divine message. We read about them, hear them uttered, but we cannot possibly

comprehend their meaning unless we have a direct experience of their truth. That is why to be able to talk to our souls we use meditation, we use rituals, symbols and signs, we use dreams and careful observation of souls' subconscious messages. The mystics of our past help us in this quest. From Zarathustra who comes from the ancient Persian spiritual culture, to Pythagoras who comes from the Greco-Latin cultural epoch, to Lao Tzu, Buddha and Christ, they all carry the keys to the secrets of the most varied mysteries.



Heres Four Elements Symbols Alchemy

Alchemy Symbols

'Khem is an ancient name for the land of Egypt, and alchemy is one of the two oldest sciences known to the world. The other one is Astrology.'

Manly P. Hall about Alchemy

According to an old Rabbi legend, an angel gave Adam the mysteries and secrets of Kabbalah and of Alchemy, promising that when the human race understand these inspired arts, the curse of the forbidden fruit would be removed and man will again enter into the Garden of Eden.

The earthly body of alchemy symbols is chemistry.

The Phoenicians, and Babylonians were familiar with alchemy. It was the most prized of the secrets of the Atlantean priest-craft, it was practiced in China, Greece and Rome; and it was the master science of the Egypt. The most powerful of the alchemical organizations were the Rosicrucian, the Illuminati, and certain Arabian and Syrian sects.

We will not research the alchemy symbols in depth but attempt to understand its main messages across the cultures, the goals of this sacred science, its practices within the daily life.

What is Alchemy and Nature

Alchemy is based upon the natural phenomenon of growth. According to Alchemists through the self-development the consciousness of man can be transformed from base animal desires (represented by the metals) into a pure, golden, and enlightened consciousness; ignorance can, through proper endeavour and training, be transmuted into wisdom; metals can be transformed into gold.

What is Alchemy?

What is Life according to Alchemy?

What is intelligence? What is the essence? What is Nature of elements?

Nature manifests through growth, it is an urge from within outward, a force that drives expression and manifestation.

It is invisible, it is life found in bodies, animated by the divine breath.

How does the Nature manifest?

Nature manifests as male and female, as Yin and Yang, as Left and Right Sephirot within the Kabbalah's Tree of Life.



Yin Yang Manifestation of Consciousness within Indian Traditional Art

Alchemist must first know the Nature

An alchemist knows that all substances grow from seeds, and that these seeds are already in the body of the substance. Nature transforms the black carbon into diamonds, through millions of years of natural hardening. Alchemy is the Art of increasing and bringing an element into perfection with the greatest possible speed.

The Alchemist must be able to discriminate between the male and female qualities and manifestations. The matter must be separated from its impurities.

Alchemy Symbol, can we give Nature a chemical symbol, a sign, an element?

Nature can be compared to Mercury. Mercury is a chemical element with the symbol Hg and atomic number 80. It is also known as quicksilver. It is highly toxic. Mercury is dual - fixed and volatile, it ascends and descends. Ascending, it seeks to purify.

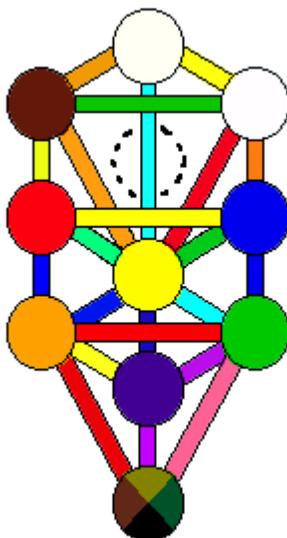
Alchemy Symbols and Kabbalistic Tarot



Kabbalistic Tarot painted by Oswald Wirth

The stages through which matter passes in its journey towards perfection can be divided into twenty-two parts, the twenty-two major cards of Tarot, twenty-two paths of Kabbalah, and the Twenty-two letters of the Hebrew alphabet.

The Tarot cards are an Alchemical Formula of manifestation.



Kabbalah Image of Triad

Alchemy Symbols manifesting in three Worlds

Alchemy preserves the triple key to the gates of eternal life. It is a mystery of manifestation in three worlds: the divine, the human, and the elemental.

The table showing the analogies of the three principles across different cultures and religions from all around the world.

Three principles across different cultures / religions:

Timeless & Eternal	Dynamic & Expanding	Multiplying & Dying; Contracting
Father	Son	Mother / Holy Ghost
Tao	Yang	Yin
Brahma (Creator)	Vishnu (Preserver)	Siva (Destroyer) / Shakti
Kether	Chokmah (Wisdom)	Binah (Understanding)
Spirit	Soul	Body / Mind
Not an element: Life Force, Kundalini, Tao	Fire and Air / Water and Earth	
Philosopher's Mercury	Sulphur	Mercury or Salt

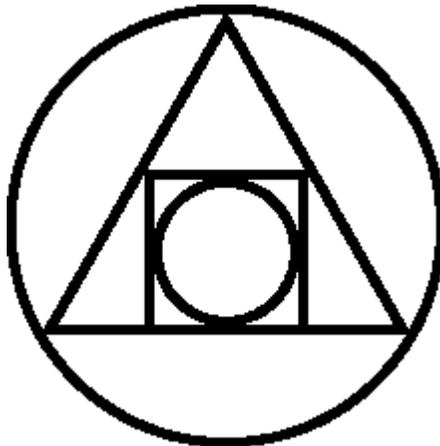
The Alchemist starts with a good seed, puts it to its proper earth, and when the seed is ready s/he rarefies it so that its virtue is increased and indefinitely multiplied. According to Alchemy the Nature should be assisted, so the Alchemist works according to the laws of Nature, recognizing that the Art is merely a method that copies Nature. Within the process of purification the Nature ends...

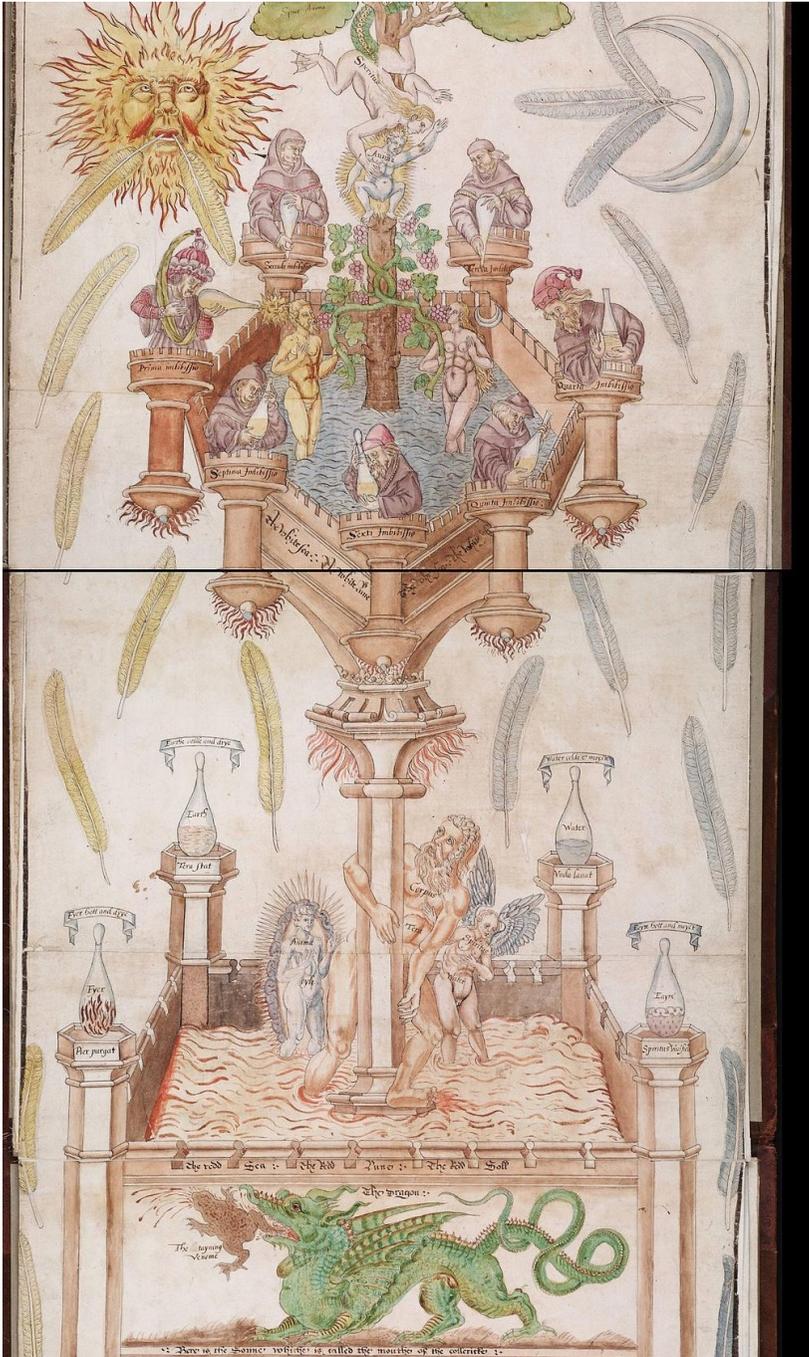
Alchemy Symbol of Gold



An Alchemist would tell you that all the beings contain in their inmost centre a precious grain of the elementary gold. The nature of man reflects the entire universe in miniature.

According to Alchemy, One is developed into Two, and the two are merged into one. Elementarily and symbolically Sulphur is the living male, and Mercury is the living female. Female and male must be joined together, so that they form a germ. The Alchemist should separate the light from the darkness. Both must be purified and putrefied and joined a-new together. Their merge results in an Egg (Philosopher's Stone) with the four elements joined together. The shell is Earth, the white is Water, the skin between the shell and the white is Air, and the yolk is Fire. In the middle of the yolk there is the 5th element that is the Life Force.





Four elements Ripley Scroll 16th century Alchemy

After the purification, a perfect equilibrium of the four elements enters into the Lapis creating the Philosopher's Stone, the Mercury of the Philosophers, or the Philosopher's Medicine that gives health and cures diseases, perfects metals changing them into Gold. Long life, health, and happiness are all within the promise of this true AURUM, the most powerful and most precious Gold.

Symbolism of Gold

"The golden rule of true occult science: For every one step that you take in the pursuit of higher knowledge, take three steps in the perfection of your own character."

Rudolf Steiner, Knowledge of the Higher Worlds

We constantly seek to materially, mentally and emotionally 'better' ourselves, our-family dynamics, and our society and within this journey we learn about the interconnections of all things, about short-lived happiness and long-term fulfilment, about the ways to treat our Mother Gaia and all the ones that share our little and wonderful planet with us: animals, plants, stones. We constantly learn how to live in harmony with ourselves and the world around us.

Alchemy and Gold

Gold is formed in the centre of the earth, when passing through warm and pure places.

Gold's atomic number is 79. It is a chemical element with the symbol AU (or perhaps AU(M)?) the Latin 'aurum', meaning 'shining dawn' because of its colour.

Gold does not oxidize in air or water and it is one of the least reactive chemical element. Alchemist would say that it contains no life, that it is dead. Gold is entirely free from imperfections. Gold is highly conductive to electricity.

It is believed that most of the Earth's gold lies at its core, the metal's

high density made it sink into the Earth's centre. All of the gold found on Earth was deposited later by meteorites that contained Gold.

Spiritual Meaning of Gold

Perfection of own character, whether towards more kindness, more truthfulness, more knowledge and wisdom has been with us humans as our noble goal for 1,000s of years. Excellence is our Inner Gold.

Jung on Alchemy and Gold

"My studies of alchemy may seem obscure and baffle many people, but taken symbolically - the symbolic gold of great worth, or the transforming philosopher's stone 'lapis philosophorum' hunted for centuries by the alchemists - is to be found in man." **C.G. Jung**

"Alchemy represents the projection of a drama both in cosmic and spiritual terms. The opus magnum had two aims: the rescue of the human soul and the salvation of the world..." **Interview of C. G. Jung by Mircea Eliade**

The unique prima materia, the chaos, or the life force from which the "gold" is produced Jung equate to an unconscious content

"The psychological equivalent of this theme is the projection of a highly fascinating unconscious content which, like all such contents, exhibits a numinous – 'divine,' or 'sacred' – quality." **C.G. Jung**

"Practical experience shows us again and again that any prolonged preoccupation with an unknown object acts as an almost irresistible bait for the unconscious to project itself into the unknown nature of the object and to accept the resultant perception, and the interpretation deduced from it, as objective." **C.G. Jung**

The Ancient Egyptians also had a deep connection to Gold. They referred to Ra as a mountain of gold. The Royal Tombs were known as the "Houses of Gold" and the Pharaohs were called the "Golden Horus".

Chinese Alchemy

The ancient science of alchemy still influences the contemporary spiritual theories, and stays shaping the spiritual philosophies of our time.

The whirlpool of its magic at one point became madness for the alchemists who tried to decipher its secret language of symbols and signs, and for the ones who managed to just bath in the beauty of its images, it stayed full of blessings. The desire to knock on the door that promises eternal life and eternal youth returns through centuries to haunt the alchemists with their quest to know the lapis philosophorum, the philosopher's stone - the legendary alchemical substance capable of turning base metals into gold.

Secret of Golden Flower - Merge of Male and Female Energy

It is the merge of male and female that fascinates us so much, it is the White Queen and the Black King that unite to give a birth to a child that is perfect and immortal. It is Taoist Yin and Yang that when circling in perfect harmony create balance and harmony within a Human Being, on Earth and in Universe.

It is Male that is our Collective Consciousness, that is Sun, Reason, Science, Law & Order.

It is Feminine that is symbolised by Moon, or Earth, that is the Ocean of our Collective Sub-Conscious, it is our Dream Consciousness, our shadow existence, trance, dragon and the snake, siren and medusa, that is Life that creates and destroys itself.

The Mind as an unusual Son of Chaos

Mind is symbolised by Mercury, and when Master of its Destiny, his spirit is a hermaphrodite that stands on both: the Sun and the Moon.

Extracts from the Secret Of The Golden Flower

In an attempt to further understand this symbolism within our lives we came across an ancient Chinese Alchemy text: The Secret Of The Golden Flower, Tai Yi Jin Hua Zong Zhi 太乙金華宗旨, a Chinese Taoist text about meditation, translated by Walter Picca in 1964. The following are some extracts from this holy scripture.

It is said that Lao Tzu became one of the Eight Immortals using the methods within this book. The ideas have been traced back to Persia and Zarathustra and the Egyptian Hermetic tradition.

'Master Lao-Tsu said: That which exists through itself is called the Way (Tao). Tao has neither name nor shape. It is the one essence [Hsing], the one primal spirit. Essence and life cannot be seen...



Lao-Tsu

The Golden Flower is the Light. What colour has the light? One uses the Golden Flower as an image. It is the true power of the transcendent Great One...'

About Gold from the Secret Of The Golden Flower

'The power of the seed, like Heaven and Earth, is subject to mortality, but the primordial spirit is beyond the polar differences. Here is the place whence Heaven and Earth derive their being. When students understand how to grasp the primordial spirit, they overcome the polar opposites of Light and Darkness and tarry no longer in the three worlds.'

About Duality from the Secret Of The Golden Flower

'In the body is the anima. The anima, having produced consciousness, adheres to it. Consciousness depends for its origin on the anima. The anima is feminine, the substance of consciousness. As long as this consciousness is not interrupted, it continues to beget from generation to generation, and the changes of form of the anima and the transformations of substance are unceasing. But, besides this, there is the animus in which the spirit shelters. The animus lives in the daytime in the eyes; at night it houses in the liver. When living in the eyes, it sees; when housing itself in the liver, it dreams.'

About Consciousness from the Secret Of The Golden Flower

'The one effective, true essence (logos united with life), when it descends into the house of the creative, divides into animus and anima. The animus is in the Heavenly Heart (Mind*). It is of the nature of light; it is the power of lightness and purity. It is that which we have received from the great emptiness, that which has form from the very beginning. The anima partakes of the nature of darkness. It is the power of the heavy and the turbid; it is bound to the bodily, fleshly heart. The animus loves life. The anima seeks death.'

*** Chinese Symbol for Heart and Mind is the same**

About Anima and Animus from the Secret Of The Golden Flower

The core Chinese concept is Xin that means both Heart and Mind. This insightful fact shines a wonderful light on any Chinese ancient text and philosophy. The Mind that represents ideas, cognition, and reason, and Heart that represents desires, and emotions, are coming from the same

centre and are directed by the same forces. The Xin guides both beliefs and desires. It is the Heart, rather than the brain that is responsible for the belief systems. The Heart is the centre of emotions and desires, or tranquillity and calmness, but also of intellect and understanding.

'Understanding and clarity, knowing and enlightenment, and all motion (of the spirit), are likewise this Light; therefore it is not just something outside the body. The Light-flower of Heaven and earth fills all thousand spaces.'

About Light from the Secret Of The Golden Flower

'The heart / mind* cannot be influenced directly. Therefore the breathing power is used as a handle...

While sitting, one must, therefore, always keep the heart (mind) quiet and the power concentrated. How can the heart (mind) be made quiet? By breathing. The heart (mind) alone must be conscious of the flowing in and out of the breath; it must not be heard with the ears. If it is not heard, then the breathing is light; if light, it is pure. If it can be heard, then the breathing power is heavy; if heavy, then it is troubled; if it is troubled, then laziness and absent-mindedness develop and one wants to sleep...'

About Breathing Exercises from the Secret Of The Golden Flower

'If, when there is quiet, the spirit has continuously and uninterruptedly a sense of great gaiety as if intoxicated or freshly bathed, it is a sign that the Light principle in the whole body is harmonious; then the Golden Flower begins to bud. When, furthermore, all openings are quiet, and the silver moon stands in the middle of Heaven, and one has the feeling that the great earth is a world of light and brilliancy, that is a sign that the body of the heart (mind) opens itself to clarity. It is a sign that the Golden Flower is opening...'

About Meditation from the Secret Of The Golden Flower



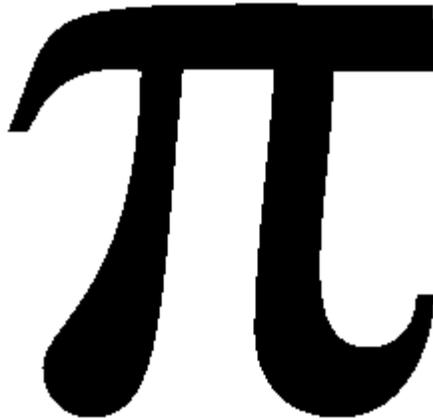
'The most important thing in the Great Meaning is the four words: non-action in action. Non-action prevents a person from becoming entangled in form and image (substantiality). Action in non-action prevents a person from sinking into numbing emptiness and a dead nothingness...'

About non-action in action from the Secret Of The Golden Flower

'As soon as these two substances meet each other, they unite inseparably, and unceasing life begins; it comes and goes, and rises and falls of itself, in the house of primordial power. One is aware of effulgence and infinity. The whole body feels lighter and would like to fly. This is the state of which it is said: Clouds fill the thousand mountains. Gradually it (life) goes here and there quite quietly; it rises and falls imperceptibly. The pulse stands still and breathing stops. This is the moment of true creative unity, the state of which it is said: The moon gathers up the ten thousand waters. In the midst of this darkness, the Heavenly Heart suddenly begins a movement. This is the return of the one Light, the time when the child comes to life.'

About Merge of Yin and Yang from the Secret Of The Golden Flower

Alchemy and Philosophers Stone Lapis



In search of perfection Mathematics Pi

According to alchemists, the Philosophers' stone (lapis philosophorum) is a substance capable of turning any metal into gold. Also called, the Elixir of the alchemists, it carries the promise of immortality.

Many have tried to find this sacred substance, searching amongst stones, liquids, air, or deep within their soul. The stone that turns metals into gold, the energy that transforms any fire into 'living fire', any flow into 'Divine flow'.

Lapis and VITRIOL

The alchemical motto is: 'Visit the interior of the earth and rectifying (purifying) you will find the hidden stone.'

They sum their knowledge of the 'Path' and the magic of **VITRIOL** within the sentence: "Visita Interiora Terra Rectificanto Inveniens Occultum Lapidem'.

L'Azoth des Philosophes, Basil Valentine, Paris, 1659.

Alchemy was given a title of an 'Art' and alchemists were the supreme 'Artists' and many gurus and sages tried to decipher the Sacred Art's higher meaning.

Seeking immortality, seeking perfection, Alchemists, Cabbalists, Taoists, Yogis, Mystics of our past experimented with physical manifestations, with their bodies, emotions, thoughts, offering formulas hidden within a veil of images, symbols, mantras, for mystics of the future to contemplate and discover.

VITRIOL by Nuit

How high do we need to climb to reach it?

How deep do we need to dig to find it?

Hidden at the very top of the highest Cathedral
Buried at the very bottom of the deepest cave

Concealed at the very top of the Sacred Mountain
Veiled at the very bottom of the Temple's path

Waiting at the very top of the largest pyramid
Rooted at the very bottom of the sacred search

Within the Holy of Holies Sleeps untouched a sparkling pearl
Find it, swallow it & become it and each drop of your blood
Will become a star

Jung, Introduction to the Secret of the Golden Flower

'I know a series of European mandala drawings in which something like a plant seed surrounded by its coverings is shown floating in water, and from the depths below, fire penetrating the seed makes it grow and causes the formation of a large golden flower from within the germinal vesicle. This symbolism refers to a sort of alchemical, process of refuting and ennobling; darkness gives birth to light; out of the 'lead of the water-region' grows the noble gold; what is unconscious becomes conscious in the form of a process of life and growth. (Hindu Kundalini yoga affords a complete analogy.) In this way the union of consciousness and life takes place.'



Tibetan Sand Mandala

Ancient Rome, Wisdom as Lapis

Within this beautiful Latin poem 'Verba Aristei Patris ad filium'

a Roman nobleman Aristei talks to his son about the Art and its Magic Promise:

'What is the use of wealth, when one is liable to be afflicted with human infirmities? Where is the advantage of treasures, when death is about to destroy us? There is no earthly abundance which we are not bound to abandon upon the threshold of the tomb. But it is no longer thus when I am possessed of this Key. Wealth is ever at my command, and I no longer want for treasures; weakness flees away from me; and I can ward off the approach of the destroyer while I own this Golden Key of the Grand Work.

It is by the life that we discern the principle of things; the life of things is the Air, and by consequence Air is their principle. It is for this reason that Air corrupts all things, and even as it gives life, so also it takes it away. Wood, iron, stones, are consumed by fire, and fire cannot subsist but by Air. Now, that which is the cause of corruption is also the cause of generation. There has Nature stored up all her treasures, establishing therein the principles of the generation and corruption of all things, and concealing them as behind special and secret doors. To know how to open these doors with sufficient facility so as to draw upon the radical Air of the Air, is to possess in truth the golden Keys.'

The Secret of Lapis

BY THEOPHRASTUS PARACELSUS: The Aurora of the Philosophers, 1659

'ADAM was the first inventor of arts, because he had knowledge of all things as well after the Fall as before

...they held these arts to be the highest philosophy, to be learnt by their chief nobles and priests. So it was in the time of Moses, when both priests and also physicians were chosen from among the Magi

... Magic, indeed, is an art and faculty whereby the elementary bodies, their fruits, properties, virtues, and hidden operations are comprehended. But the cabala, by a subtle understanding of the Scriptures, seems to trace out the way to God for men, to shew them how they may act with Him, and prophesy from Him; for the cabala is full of divine mysteries, even as Magic is full of natural secrets. It teaches of and foretells from the nature of things to come as well as of things present, since its operation consists in knowing the inner constitution of all creatures, of celestial as well as terrestrial bodies: what is latent within them; what are their occult virtues; for what they were originally designed, and with what properties they are endowed.'

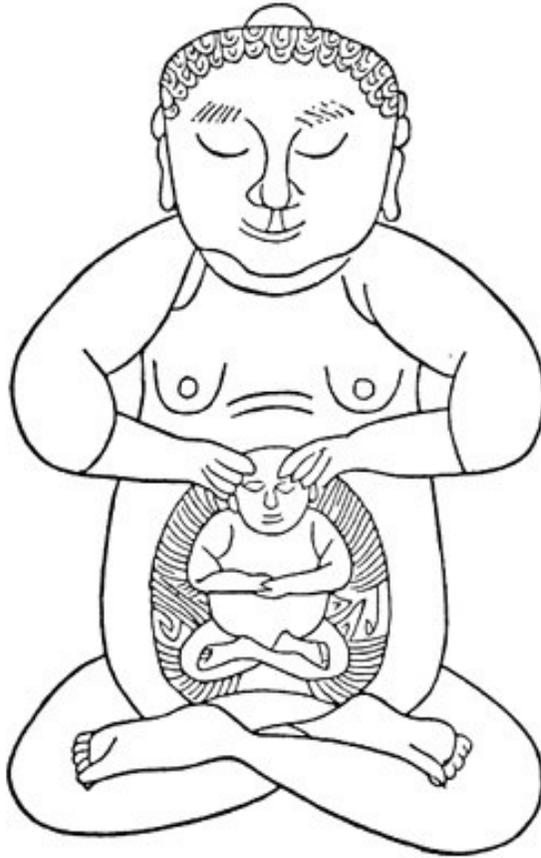
Lapis in Kabbalah, Taoism and Yoga

Lapis, philosophers stone and Kabbalah, Tree of Life The Esoteric practices of the West mapped within the Kabbalah's Tree of Life were given to posterity in the form of Astrology and Tarot.

Cabbalist Middle Pillar offers the direct path to Divine. The mystics practice various exercises that involve imagination, breath, and concentration, to purify and circulate the life force to be able to better reflect the cosmic energy forces.

In the East, yoga practices were designed to awaken 'Kundalini', the 'Serpent Fire' that sleeps within the bottom of the spine and in China, Taoist experimented with Tao, the Vital Energy, in an attempt to balance Yin and Yang energy manifestation within all the aspects of creation. Taoists Qigong practices work with the human bodies to purify, and circulate the life force.

圖胎道



Ancient Chinese Drawing of Chi Gong Practices

Whether Yogis, Cabbalists or Taoists, mystics of our past tried to manipulate the chemistry of a human body and create reactions within the mind, offering variety of breathing exercises, yoga exercises, qigong exercises, using sound, symbols and signs, to reach Higher States of Consciousness.

Emerald Tablet of Hermes or Tabula Smaragdina Hermetis

Lapis and The Emerald Tablet of Hermes

The Emerald Tablet of Hermes 'Kitab Balabiyus' is the earliest of all the alchemy works that survives. Hermes, by the Greeks called Trismegistus, an Egypt's King, most probably lived around 400 years before Moses, or around 1900BC.

'This prince, like Solomon, is highly celebrated by antiquity for his wisdom and skill in the secret operations of nature, ... he is called the Thrice Great Hermes, having the spiritual intelligence of all things in their universal law.'

Mary A. ATWOOD, Introduction to 'Hermetic Philosophy & Alchemy'

The wisdom from the Tablet reached the Western Kings within a Syriac 'Book of Treasures' (9th century) and the 12th century Book of Advice to Kings 'Kitab Sirr al-Asar'. This unique and authentic stone engraved with sacred writings, might be all that has remained from Egypt of her Sacred Art.

The Golden Treatise of Hermes Trismegistus, Concerning the Physical Secret of the Philosopher's Stone, (Excerpts) Translated by A.E. Waite, 1894

"True, without error, certain and most true; that which is above is as that which is below, and that which is below is as that which is above, for performing the miracles of the One Thing; and as all things were from one, by the mediation of one, so all things arose from this one thing by adaptation;

the father of it is the Sun, the mother of it is the Moon; the wind carries it in its belly; the nurse thereof is the Earth.

This is the father of all perfection, or consummation of the whole world. The power of it is Integral, if it be turned into earth.

Thou shalt separate the earth from the fire, the subtle from the gross, gently with much sagacity; it ascends from earth to heaven, and again descends to earth: and receives the strength of the superiors and of the inferiors - so thou hast the glory of the whole world; therefore let all obscurity flee before thee.

This is the strong fortitude of all fortitudes, overcoming every subtle and penetrating every solid thing. So the world was created. Hence were all wonderful adaptations of which this is the manner.

Therefore I am I called Thrice Great Hermes, having the Three Parts of the philosophy of the whole world. That which I have written is consummated concerning the operation of the Sun".

Lapis and Purification

All of the Mystics recommend that practitioners must purify their emotional, mental, and moral forces.

Purifying, strengthening, and increasing Vital Energy brings a promise of health, wealth and lightness of being.

Lapis, Spiritual Poetry by Nuit

To release the power of Lapis

 Make the fixed one volatile

And the volatile fixed

 Break Ego and its walls

Cleanse it

 Boil it

 Soften it

Disperse it...

And strengthen the Will

 Descending Divine Qualities

 & your Soul will shine Gold

Light and Divine

Like bees and butterflies around a candle light during a dark night, our bodies, minds and souls get attracted to the 'light'. The symbolism of Light around the world is mapped within our spiritual practices that use 'Light' as a medium and our spiritual experiences of Divine that often have 'light' as the central point.



We use words like: 'divine light', 'clear light', 'enlightenment', 'pure light', 'light body', 'astral light' to express our highest meditative states, prayer contemplations, and our overall connection with what we call 'Divine'.

Symbolism of Light

Even though we see God as encompassing, omnipotent and omnipresent, we prefer to meet Him or Her diving into the qualities of 'light' rather than 'darkness'. Light attracts our souls' imagination and our symbolic spiritual journey is the one of: 'lightness of being', 'light carriers', 'light diamond body'.

The symbolism of 'light' all across the cultures connects us with consciousness, wisdom, moral purity, intelligence, angels, beauty.

Light and Various Religious Practices

The worship of light in the form of sun worship or fire worship is one of the earliest form of worships.

The Hebrew saw the very beginning of creation as: 'God said: Let there be light, and there was light'

Zoroaster, in ancient Persia, called the principle of light, Ormuzd, that was born of the purest light, and the principle of darkness, Ahriman, that sprung from utter darkness.

Pythagoras also believed that two antagonistic principles rule the creation. The first one was unity, light, the right hand, stability, symbolised by a straight line; the second one was darkness, the left hand, instability, symbolised by a curved line.

The Cabalists say that before the creation of the world, existed only Aur en soph, or the Eternal Light, and when the Divine Mind willed to become Nature, the Eternal Light emanated its radiance from a central point.

Inner Light

It is the inner light that comes forth from complete darkness, from silence of meditation and contemplation that is the true light of wisdom.

Spiritual Quotes About Light as Divine Force

The Symbolism of Freemasonry, by Albert G. Mackey, 1882, The Masonic Rite of Intrusting

'It (This rite of intrusting) begins, however, with the communication of LIGHT, which, although but a preparation for the development of the mysteries which are to follow, must be considered as one of the most

important symbols in the whole science of masonic symbolism. So important, indeed, is it, and so much does it pervade with its influence and its relations the whole masonic system, that Freemasonry itself anciently received, among other appellations, that of Lux, or Light, to signify that it is to be regarded as that sublime doctrine of Divine Truth by which the path of him who has attained it is to be illuminated in his pilgrimage of life.'

Rudolf Steiner Spiritual Poem about Light and Archangel Michael, the ruler of Cosmic Intelligence

The importance of Light within the Taoist Spiritual Practice

The Chi Kung exercises are based upon the circulation of the imaginary Light through the different energy centres. According to Taoists, Light cleanses and gives the practitioner an amazing source of Strength.

'The Golden Flower is the Light. What colour has the light? One uses the Golden Flower as an image. It is the true power of the transcendent Great One...'

Light and Sun-Gazing

Some ancient spiritual practices use sun-gazing to feed neurons and cells within the body transforming this light into nourishment. Sun gazing is often practiced with the bare feet on the earth. Safe hours for sun-gazing are half an hour after sunrise and half an hour before sunset. Manek, 69, from India, claims that since 1995 he has lived only on sun-gazing and water.

Light and our addiction to Screens

All our 'screens' radiate light. TV, computer, mobile screens, all first communicate with our eyes through the light.

Our fascination with 'light' could be one of the sub-conscious reasons to our addiction to screens.

Gratefully Giving & Receiving Divine Flow



Now imagine White Light, Spiritual Poem by Nuit

'Light waves are waves of energy in the form of electric and magnetic fields. The amount of energy in a light wave is proportional to its frequency: high frequency light has high energy; low frequency light has low energy. The frequency of visible light is: colour, and ranges from low frequency red, to high frequency violet. The combination of every colour in the visible spectrum produces white. The full range of frequencies extends beyond the visible spectrum, so we have radio waves, ultra violet rays, etc. Light waves move at their maximum 300,000 kilometres per second which makes light the fastest phenomenon in the universe...'

by Nuit from Art of 4 Elements Book of Spiritual Poetry

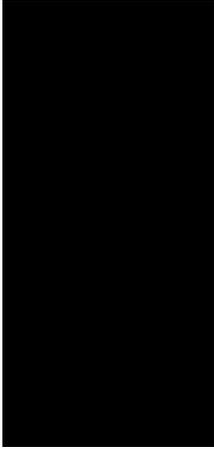
The Caduceus



A wand with two serpents twined around it, surmounted by two small wings. the caduceus or magic wand of the Greek god Hermes, Roman Mercury, messenger of gods, protector of Alchemy. The wand represents power and the two snakes wisdom. The Greek Hermes found his analogue in Egypt as the ancient Wisdom God Thoth, as Taaut of the Phoenicians, all linked with the magic rod with twin snakes.

The Rod of Asclepius and Medical Symbolism

The Rod of Asclepius is a rod with one snake coiled around it and it belongs to the god Asclepius. Asclepius is described in Homer's Iliad, so he was most probably a physician who practised in Greece around 1200BC. Later he became known as the Greek god of Healing. Around 300 BC the cult of Asclepius was very popular and healing temples were many. A particular type of non-poisonous snake was used in healing rituals and the ritual purification.



To heal the sick would spend the night in the holiest part of the temple. Asclepius is traditionally depicted as a bearded man holding a staff with one sacred serpent coiled around it. The worship of Asclepius spread to Rome and continued to the sixth century.

Occult Hermetic Symbolism

Alchemists became known as the sons of Hermes or 'practitioners of the hermetic arts'. By the sixteenth century, the study of alchemy includes medicine, chemistry, and the knowledge of metals.

The caduceus represents the integration of 4 elements: the wand for the earth, the wings for the air, the snakes for the fire and serpents movement for the water.

An occult description refers to Hindu Yogic knowledge of Ida and Pingala, male and female kundalini force as it moves through the chakras and around the spine to the head represented by wings of Mercury. The central rod is Sushumna passing through the spine to the pineal gland into altered states of consciousness. The symmetrical arrangements of two snakes symbolize the moving opposing forces balancing one another creating a higher static form.

Nagakals in India: Healing Snakes

Nagakals are sacred snakes worshiped as a symbol engraved on stones in India. Intertwining serpents are considered to be a symbol of the god who cures all illnesses. Note the stone on the left and how closely it resembles the Caduceus with 2 snakes rising in between a wand and a bird like wings on the top of the wand.



Symbolism of Caduceus in Bible: Old Testament

“And the Lord said unto him [Moses], What is that in thine hand? And he said, A rod. And he said, Cast it on the ground. And he cast it on the ground, and it became a serpent; and Moses fled from before it. And the Lord said unto Moses, Put forth thine hand, and take it by the tail. And he put forth his hand and caught it and it became a rod in his hand.” Exodus 4:2-4

And the Lord said unto Moses, “Make thee a fiery serpent, and set it upon a pole: and it shall come to pass, that every one that is bitten [by a

serpent], when he looketh upon it, shall live.” Numbers 21:8.



Cadmus fighting the dragon Amphora from Euboea 550 BC Louvre

To the Serpent, by Nuit

So much celebrated, so much cursed
Serpent of Garden of Eden
Life that goes Forth
With the Knowledge of Good and Evil

Life that multiplies and destroys everything It touches
Life that is: Consciousness
That goes forth to-wards Divine
Through the Tree of Life and its Sefirot
Through the Yi Jing transformations
Through Shiva and Shakti's dance on the floor of Maya

To the trinity of Father / Son / Holy Spirit
To Sat / Chit / Ananda
To Kether / Binah / Chokhmah

To the ascent above the Abyss

The Serpent that flows through
Sushuma-to-Sahasrara
Kundalini, Qi, Life Force

I follow Your Wisdom



Mellieha chapel Madonna

Spiral Symbolism

Spiral is mystical, spiral is magical, spiral is an ancient symbol of Divine.



Embedded within the Universal pattern of Galaxies and also engraved within each tiny shell, it fascinated many from the beginning of times.

The spiral is within the strands of our DNA, flower petals, the branching of trees, a spiral shell, and the shape of our galaxy.

Spiral and Golden Ratio

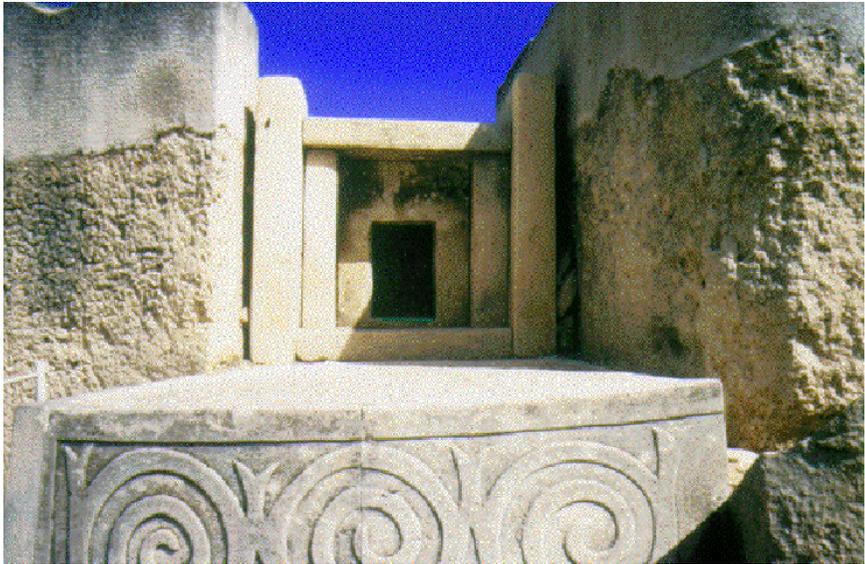
The Golden Ratio, roughly equals to 1.618, was first formally introduced by Pythagoras. Plato (428 B.C. - 347 B.C.) considered the Golden ratio - Fibonacci numbers - to be the most universally binding of all the mathematical relationships.

The Golden ratio, the Fibonacci sequence runs 1, 1, 2, 3, 5, 8, 13... (each subsequent number is the sum of the two preceding ones) is found everywhere in nature and it is related to the Golden spiral, that often shapes our concept of proportion and beauty. The Golden Mean represented by the Greek letter 'phi' is one of those mysterious natural numbers that appears regularly when life grows and unfolds in steps.

The pattern can be found in the placement of the leaves on most plants,

Ancient Spiral and its Cosmic Symbolism

Ancient spirals are engraved in Ancient Mayan Temples, in Temples found in Malta that are the oldest free-standing temples on Earth (built around 5,000BC), in Egypt, in India as engravings of Kundalini serpents spiralling up, in China as a symbol for the sun.



Malta Neolithic Temples Tarxien Spirals 2,700 BC

Found within the oldest temples across our little planet it narrates a story of our search towards infinite, our path to consciousness.

From the centre to the infinite end, looking at the spiral we see and feel the expansion that spiral carries within its symbolism.

From unit consciousness to divine consciousness, from point to infinity symbolising the journey of our souls.

'The spiral is a spiritualized circle. In the spiral form, the circle, uncoiled, has ceased to be vicious; it has been set free.'

Vladimir Nabukov, About Spiral

‘Progress has not followed a straight ascending line, but a spiral with rhythms of progress and retrogression, of evolution and dissolution.’

Johann Wolfgang von Goethe

‘The spiral is an archetypal symbol that represents cosmic force.’

Carl Jung

Seashell Spirit Wish, Poem by Nuit

And on the 7th day Seashell Spirit made a wish
To be One and All With God
Either as a dot or an infinite end...

And God was so touched
That She said:

Ocean frames your beauty
and sea whispers in your depths
Your spiral will be the code of knowing me

That is why I will:
- Give you birth within a man -
Circling endlessly through life and death
In search of the key to my Heaven's door

And I will:
- Give you birth as Universe-
Spiralling freely through space
Mapping my wisdom through its dance

And I will:
- Give you birth as Self awareness -
Hidden within the DNA of all my Life

And through it you will stay

My secret, my seed, my tetragrammaton

Spiral of Life or Trinity

Trinity Around the World: Symbols for Trinity

The principle of trinity is found in all the world's religions.

Spiral of Life and Trinity Spiral are mystical symbols of trinity

'Spiral of Life' represents:

- Unity of body, mind and spirit.
- Interplay of birth, growth, and death

It is a symbolic representation of primordial forces that materialize in magical, mysterious fashion while obeying precise universal laws.



Ancient Spiral found in Temples

Ancient Tree of Life starts with a Triad

From this primordial triangle proceed all of the other figures, shapes, forms, all other numbers, the magic of manifestation.

Christian Holy Trinity

The Christian Holy Trinity is seen as: God the Father, God the Holy Spirit, God the Son or Christ Consciousness



Symbolism of Trinity in Christianity

Within the Christian teachings Holy Trinity is worshiped through a number of rituals:

Worship and praise are offered 'to God through Jesus Christ in the Holy Spirit'

Blessings and baptisms are given 'In the name of the Father and of the Son and of the Holy Spirit'

Prayers are given to three-in-one. 'Glory be to the Father, and to the Son, and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, World without end. Amen'

The Trinity also expresses the way Christians relate to God:

- worshiping the Father
- following the example given by the Son

- acknowledging the Holy Spirit that lives in each and every of us

It is interesting that the Muslims see the fact that the Father is God, the Son is God, and the Spirit is God can only mean that Christians believe in three gods. In fact the concept of Trinity is in their view heretical for God is One God.

The doctrine of Christian Trinity resembles the Hindu Trimurti where Brahman is also Brahma, Vishnu and Shiva, yet all three are ultimately Brahman.

Hindu Trinity Doctrine: Trimurti



Trimurti Hindu Trinity Traditional Image

The three major Hindu Gods are Brahma, Vishnu and Siva - Creator, Sustenance and Destroyer.

The Hindu Trinity represents the Divine in its threefold nature.

Each part of the Trinity contains and includes the others.

Each God in the trinity: Brahma, Vishnu and Shiva has his Goddess. Brahma's consort is Saraswati, the Goddess of knowledge; Vishnu's is Lakshmi, the Goddess of delight, beauty and love, and Shiva's is Parvati (or Kali or Shakti), the Goddess of transformation, and destruction.

The Hindu trinity's origin can be also found in Babylon, where it might have been incorporated into the Kabbalah, with the Jewish names of the 'sephiroths'.

Supernal Triad within Kabbhala

The Supernal Trad within Kabbhala's Tree of Life of Kether (Divine Consciousness), Chokmah (the Son in relation to Kether as its Father, it is the active, male principle of existence) and Binah that embodies the primal female energies. Under this trinity is the Abyss with the rest of the manifestation.

Above the Abyss is the realm of ideas. Kether represents the initial spark, Chokmah is the flame that extends out, and Binah holds the flame. Chokmah and Binah are El and Eloha, the creator God and Goddess of Kabbalah, together in Divine Union they are Elohim. Kether is neither masculine nor feminine, it just is.

Before the beginning of creation there was only En Sof. En Sof was everything, and no-thing. As the energy of En Sof became a concentrated spark of light, it became Kether (the Source). In the same instant, there was energy moving in all directions (the Big Bang). This dynamic expansion is Chokmah (Life Force). The energy is channelled following precise Universal laws towards manifestation. This womb that channels and directs the light is Binah (Primordial Mother).

Other Trinity Dc / Doctrines

We find the concept of trinity in many other beliefs systems:

- the Egyptian Trinity of a transcendental god Amun that also manifests as Ra and Ptah. Of God Ra that has a daughter Maat (Wisdom, Knowledge) that is a consort or sister of God Thoth (Divine Word or Logos of Ra). This was soon replaced with Osiris, Isis and Horus.
- the Greek Trinity consisting of Zeus (the God), Hera (the

Goddess) and Hercules (their son) / Athena (their daughter)

- the Babylonian Holy Trinity consisting of Ninki (later became Ishtar) the mother, Enki (later became Namakh) the father, and Marduk the son. Three animal icons associated with the three Sun 'gods' are: the lion for the goddess, the bull for the father, and dragon for the son.

The three sacred Vedic energy manifestations – Tamas (inertia, darkness, destruction), Rajas (preservation, movement, dynamic), and Satvas (creation, existence, order, purity)



Tao that manifests as Yin and Yang

Spiritual Meaning of Numbers



In search of Perfection Music & Numbers Maxim Vengerov

‘Numbers and numerical proportions have a certain meaning for the cosmos and the world. It is in numbers, we might say, that the harmony that dwells through space is expressed’

Rudolf Steiner, Occult Signs and Symbols

The Tree of Life, Tarot and the Four Elements

When analysing numbers and the mystery of Kabbalah and Tarot we must remember that in Europe in 12th century Tarot was as common as a pack of playing cards.

Among the principle elements of Qabalah, we find:

10 sephiroth, or categories of manifestation, each existing in four Worlds reflected within the Minor Arcana within Tarot: 10 numbered cards each existing in four suits.



The four suits correspond to the four letters of the Divine Name Hwhy, Yod Heh Vav Heh, to the four elements of the alchemist, and to the four Qabalistic Worlds.

- Disks, Earth, Physical-Material, the World of Action H Heh Daughter
- Wands Fire the Archetypal World (Mental) y Yod Father
- Cups Water the Creative World (Emotional) h Heh Mother
- Swords Air the Formative World (Astral-Psychological) w Vav Son

The Knights represent the power of letter Yod. They are the most sublime, original and active energy of the element: lightening, rain, wind and mountains.

The Queens represent the letter Heh. They receive, ferment and transmit the energy of their Knight.

The Princes represent the forces of letter Vau. A son carrying the combined energies of his parents. He is the intellectual image of their union.

The Princesses represent the forces of He. They represent the energy sent forth in its completion, its crystallization.

Pythagoras Numbers and their Divine Power

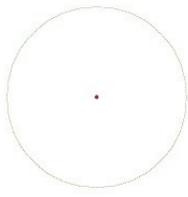
Starting with a point that is symbolically the centre, the seed, the source and drawing a circle around it we get the symbol called the Monad. The Monad represents the number one. The Monad is also called Essence, Foundation, and Unity. Pythagoras believed the Monad to be God.

Contemplating itself, the circle becomes two. Creating a line that connects the two centres of the circles is called Dyad. Greek philosophers believed that the Dyad divides and unites.

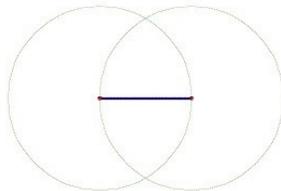
The equilateral triangle represents the Triad. The triad symbolises wisdom, peace, and harmony because the triangle represents balance, stability and strength.

Tetrad is a shape of a square that exists within the circle. Four symbolises completion.

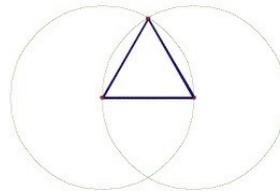
Pentad is the shape of the star. The pentad was used as a secret sign among the Pythagoreans.



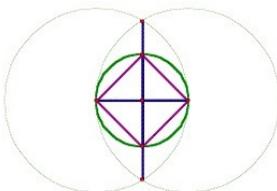
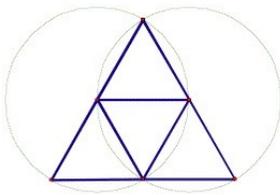
Monad



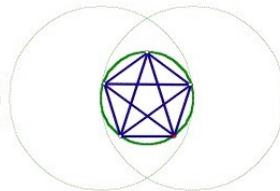
Dyad



Tetrad



Tetrad



Pentad

The image of the pentad is found in nature in leaves and flowers. The Greeks believed each point of the pentad to represent an element: water, earth, air, fire, and idea.

The Decad represents the number ten. Symbolizing both material world and heaven, the Decad is our formula of the creation of the universe.

The Symbolism of Zero 0

It took Europe relatively long to accept the concept of zero. Accepting zero, enlightened minds of the time finally acknowledged the possibility of an idea that has no form and does not exist. For some Monastic Orders Zero provided a framework for the development of atheism.

Zero is associated with nil, non-being, nothingness, emptiness, and with zero defining non-quantitative as non-existent, everything non-quantifiable could now be defined as non-existent - including God.

Accepting zero led to the invention of relative numbers, negative quantities, infinite decimal points, abstract and irrational, imaginary numbers. It led to the birth of complex mathematics.

0 is symbolised by the Tarot card called: Fool, the Element of Air



It is represented by the HEBREW LETTER: Aleph = Bull or Ox. It is the sound of free breath, unstructured, unconditioned Silence, Tao of Taoists or Kundalini Life Force of Hindus.

Spiritual Meaning of Number One 1

John the Baptist (c. 1513–16), Leonardo's da Vinci's depiction of 1



John the Baptist 1516 Leonardo da Vinci

The number one 1 is represented by the Tarot Card called The Juggler, the Hebrew letter Beth = House represented by Mercury that is action

in all forms.

The Aces are the 'root' principles of each element. Mercury represents Spirit ruling the four elements. Within the Tree of life in Kabballah Spirit represents Kether.

'Energy sent forth. This card therefore represents the Wisdom, the Will, the Word, the Logos by whom the worlds were created.' **Crowley**

Egyptian Symbolism of Number 1

1 in Egypt appears as a symbol of individuality. The creator god, oneness that becomes many.

Chinese Spiritual Meaning of Number 1

In China the number 1 yi is an auspicious number. One has the energy of the initiation, new growth and new potential. It is a prime Yang number. The one represents the horizon or heavens.

Spiritual Meaning of Number Two 2



Tree of Life Tarot and Number Two

Kabbalah gimel 2 is represented by the Tarot Card called High Priestess, it is Hebrew letter Gimel = Camel. Ruled by the Moon, the female

symbol.

The Crowley Tarot Card Two represents the possibility of form. The elements appear in their original harmonious condition.

Within the Tarot symbolism the energy of fire (wands) is represented in its best and highest form as: Lord of Dominion.

The energy of water (cups) is manifested within all its beauty as: Lord of Love.

The energy of air (swords) is represented as Lord of Peace.

The two of Pentacles represent the energy of Earth, and are called the Lord of Harmonious Change.

Egypt Symbolism of Number Two

In Egypt: 2 is the number of duality and unity, harmonized opposites, the two eyes of the god of heaven. Heaven is a female and the gods of the earth are male. It is unity rather than diversity that is emphasised in the Egyptian art.

China Symbolic Meaning of Number Two

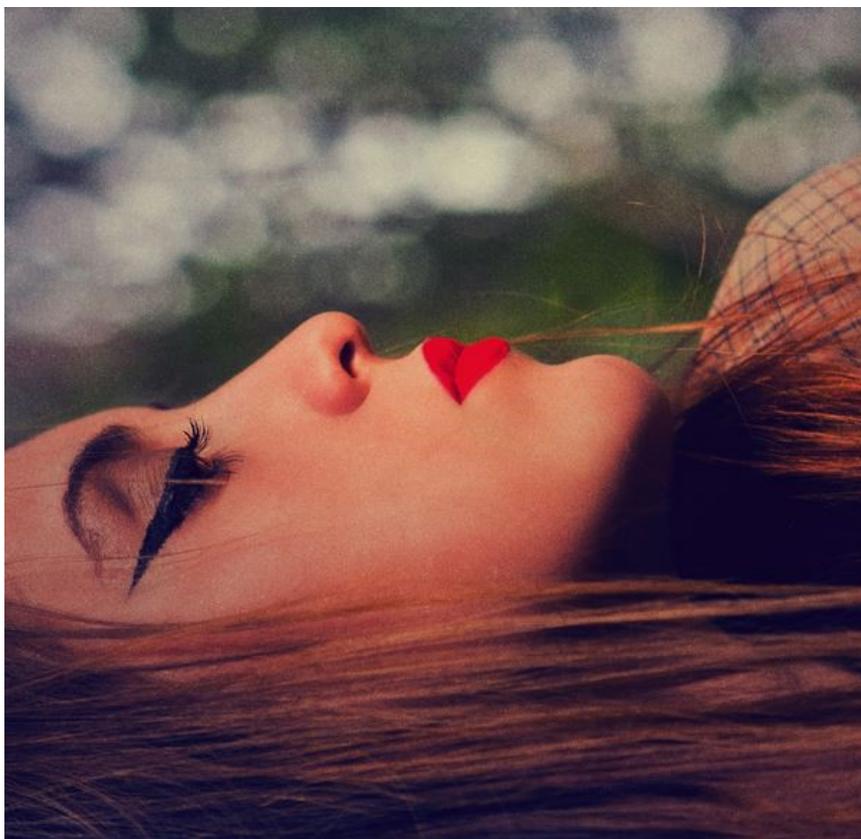
The number 2 二 èr is the prime Yin or feminine number that represents balance.

Two is one doubled, mirrored, reflected within the state of harmony.



Spiritual Meaning of Number Three 3

Daleth Kabbalah number three 3 is represented by The Empress. It is Daleth = Door governed by Venus. The Formula of the Universe is Love. Venus combines the highest spiritual with the lowest material qualities. Within Alchemy She represents Salt. Salt is the inactive principle of Nature. It is the Gate of Heaven.



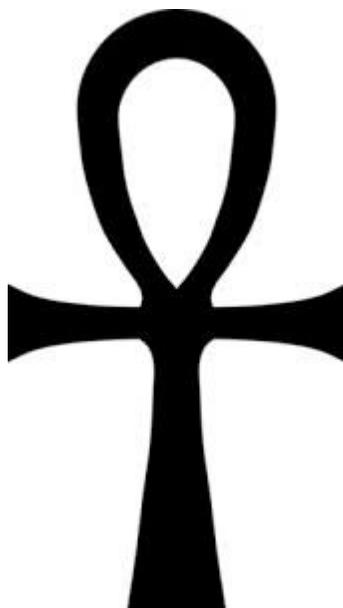
Tree of Life Tarot and Symbolism of Number 3

The Tarot cards with number three refer to Binah that symbolises Understanding. The idea is represented by a triangle that symbolises stability. The stability of wands (fire) manifests itself as Virtues. The three of cups (water) manifests as Abundance. The three of swords (air) emphasise the energy of division within the Sorrow and the three of

pentacles (earth) crystallises as: Work.

Egypt and Number 3

In Egypt: 3 three is the number of plurality. Re, Isis, and Anubis, three Gods representing a closed unified system which is complete and interactive among its parts. There are many triads of deities symbolising this triangle of forces: Amun, Re, and Ptah or Osiris, Isis and Horus in its father, mother and son relationship. In some Egyptian triads the Egyptian king took the role of the divine son. The Egyptian year was divided into three seasons, and each of the twelve months was divided into three ten-days periods.

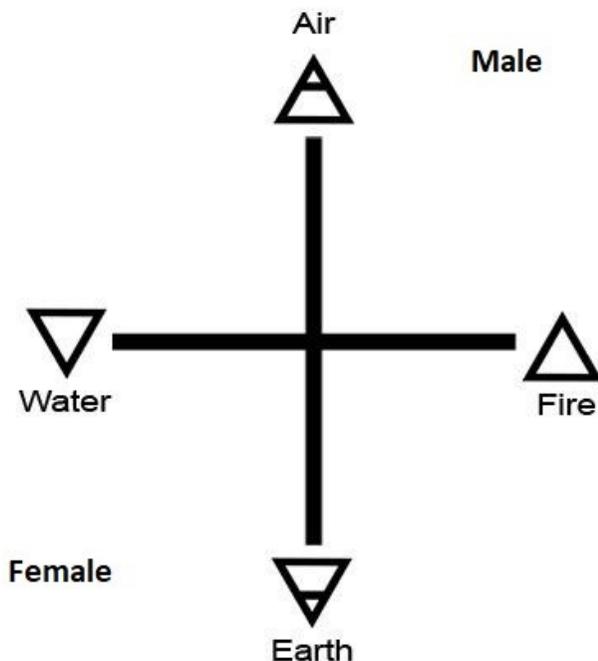


Egyptian Arc Symbol

China and Number 3

The number 3 三 sān represents heavens, earth and mankind. It is considered a lucky number. The character sounds similar to the character for 'birth'.

Spiritual Meaning of Number (4) Four



4

Within the Hebrew Kabbalah Symbolism Four 4 is represented by the Tarot card called: The Emperor. The letter associated with it is Tzaddi = Head. The astrological sign is Aries ruled by Mars. Alchemical symbol of Sulphur, male fiery energy of the Universe.

The Crowley Tarot Card 4 symbolises the Initiative of all Being. Hindu call it: Rajas. The four is symbolically 'below the Abyss' within the Tree of Life, so it means solidification.

In the Wand suit (fire) we get Completion. The four of cups (water) is called Luxury. The four of Swords (air) is called Truce. The four of disks (earth) manifest Power.

Egypt Symbolic Meaning of the Number 4

In Egypt this is the number of totality and completeness. We see: four sides of pyramids, the four sons of Horus, four magical bricks, four

pillars of the sky, four elder spirits, four cardinal points (directions: north, south, east, west). The ritual of the king's coronation used the four directions: four arrows were shot to the four cardinal points and four birds released. The symbolic use of the number four is frequently the one of completeness, the completeness of a square.

China Symbolic Meaning of Number 4

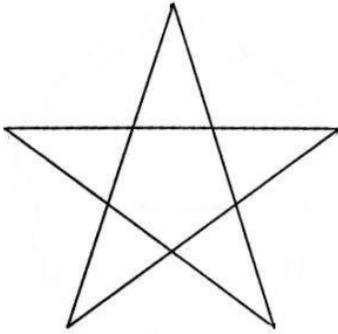
The Number 4 四 sì is considered an unlucky number because it sounds as the word 'death' in Hong Kong it is common that the 4th floor within a building just does not exist.

Jung and Number 4

"The symbolic structures that seem to refer to the process of individuation tend to be based on the motif of the number four such as the four functions of consciousness, or the four stages of the anima or animus."

Man and His Symbols by Karl Jung

Spiritual Meaning of Number (5) Five



Vau Hebrew letter symbolic meaning of number 5. 5 is represented by the Hierophant. The letter Vau = a Nail. Astrologically ruled by Taurus that is Earth in its strongest and most balanced form.

Crowley Tarot Card Five shows the idea of motion that is not balanced.

The five of Wands (fire) is called Strife.

The five of cups (water) is called Disappointment.

The five Swords (air) symbolises Defeat.

The five of disks (earth) is called Worry.

Chinese Symbolism of Number 5

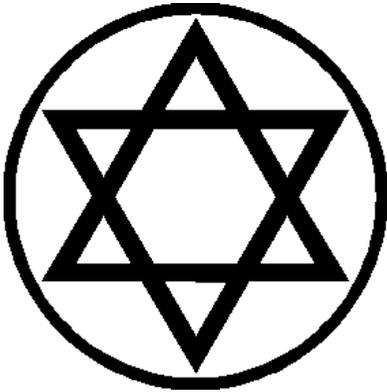
The number 5 五 wǔ is associated with the five Chinese elements: Water, Fire, Earth, Wood, and Metal. It is a strong number combining the energies of 2 and 3. However it is associated with the word 'not' and some consider it unbalanced and unlucky.

Spiritual Meaning of Number 6: Lucky or Unlucky?

Kabbalah Tarot and Number 6

Hebrew letter six 6 is represented by the Lovers ruled by Mercury, sign of Gemini. Letter Zain = Sword. Symbolising Analysis and Synthesis.

The number six within the Tree of Life is attributed to Tiphareth.



Tiphareth is at the centre of the Tree of Life. It is the only Sephira that communicates directly with Kether. It is balanced horizontally and vertically symbolically representing a cross.

It symbolises the Sun. It represents consciousness in its harmony.

The number six represents the energy of the elements at its best manifestation. The six of Wands (fire) is called Victory. The six of Cups (water) is called Pleasure. The six of Swords (air) is called Science and the six of Disks (earth) is called Success.

China and Meaning of Number 6

6 六 liù in Mandarin is pronounced similar to 'flow' and is considered good for business, it represents wealth, six also represents longevity, expansiveness and celestial powers.

Magic Number 6

'Its number is 6. It refers therefore , to the dual nature of the Logos as

divine and human; the interlacing of the upright and averse triangles in the hexagram. It is the first number of the Sun, whose last number is 666, "the number of a man".'

Crowley about magic of number six

Magic of Number 7



7 is often chosen as the 'luckiest' number. A recent poll of 30,000 people in the US confirmed that 7 is the favourite number followed by 3. A ten per cent of people gave 7 as an answer as their lucky number choosing from the infinite choice of numbers available.

“Seven is the number of perfection. Observation of man himself will make this clear. Today he is under the influence of the number five insofar as he can be good or evil. As a creature of the universe he lives in the number four. When he will have developed all that he holds at present as germ within him, he will become a seven-membered being, perfect in its kind. The number seven rules in the world of colour, in the rainbow; in the world of tone it is found in the scale. Everywhere, in all realms of life, the number seven can be observed as a kind of number of perfection. There is no superstition or magic in this.”

Rudolf Steiner about meaning of numbers, Occult Symbols and Signs

Kabbalah and Number Seven 7

7 is represented by the Chariot, Letter Chet, Ruled by Cancer that is the cardinal sign of the water element.

The number seven is attributed to Netzach within the Kabbalah's Tree of Life. Their position is unbalanced and they bring forth the degeneration of the element.

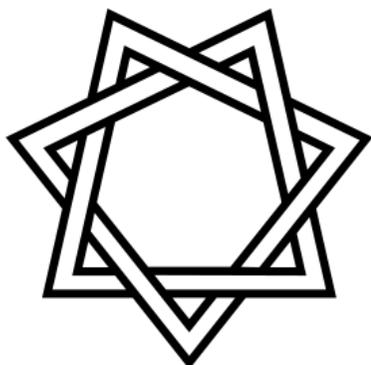
The seven of Wands (fire) is called Valour and it represents Mars with its worst energies. The seven of cups (water) degenerates into addictions, madness, false pleasure where Venus goes against Venus. The seven of Swords (air) is called Futility. The seven of Disks (earth) is called Failure.

Egypt and Number 7

In Egypt the number seven carried within the concept of perfection and effectiveness. It is 3 and 4 combined and it carries the qualities of completeness and self-sufficiency. The number seven is of a great importance in Egyptian magic: seven scorpions escort the Goddess Isis to provide her with maximum magic protection. It is seven days that Nut carries her child within her womb.

China and Lucky Number 7

In China the number 7 七 qī symbolizes togetherness. It is a lucky number for relationships. The character sounds like the Chinese word qì meaning 'life essence'. Many ceremonies in China are celebrated on the seventh day to acknowledge seven as the number of a perfectly completed cycle.



Spiritual Meaning of Number 8

Kabbalah Tarot and Meaning of Number 8

Meaning of number eight, Tarot, letter tet tree of life 8 is represented by the Tarot card called Justice, letter Tet. The sign is Libra, representing Balance, the cardinal sign of the element Air.

It symbolises Karma and it is manifested within 'Love is the law, love under will'.

The eight of Wands (fire) is called Swiftiness. Fire no longer has the element of destruction.

The eight of Cups (water) is called Indolence. Sorrow rules the water element bringing in internal and external stress.

The eight of Swords (air) is called Interference or unforeseen bad luck.

The eight of Disks (earth) is called Prudence or 'put some money away for the rainy days'.

Chinese Lucky Number Eight

The word for 8/八 bā sounds similar to the word which means 'prosper' or 'wealth'

The number 8 is viewed as so auspicious that a number with several

eights is considered very lucky.

In 2003, A telephone number with all digits being eights was sold for \$280,000.

The opening ceremony of the Olympics in China began on 8/8/08 at 8:08:08 PM

Eight is an important number in Buddhism. The Eight-fold-Noble-Path is given by Buddha as an instruction towards enlightenment. Eight is found on many religious symbols surrounding Buddha.



Diamond Sutra from Cave 17 Dunhuang, ink on paper

Divine Meaning of Number 9



Use of Nomina Sacra expressing divine

Tree of Life, Tarot, Number 9

9 is represented by the Hermit. Yod = the Hand, symbolizes the Father, Wisdom, the Logos, the Creator, Mercury

Zoroaster says: 'the number Nine is sacred, and attains the summit of perfection.'

The power of nine, by Nuit

9 were candles lighting the room

9 were incense burned in the centre

8 people within the circle and You – our Guru and Messiah

with us within

the full moon silver light

the sacredness of the equinox and

sound of prayers of millions during the Good Friday

The angels' blessings were upon us

The smell of prayers covered my cells

I was blessed, blissed and privileged

To experience all this beauty
Through the power of 9

Jung about number 9:

“The nine has been a "magic number" for centuries. According to the traditional symbolism of numbers, it represents the perfect form of the perfected Trinity in its threefold elevation.”

The nine of Wands is called Strength.

The nine of Cups is called Happiness.

The nine of Swords is called Cruelty. The original disruption is raised to its highest power.

The nine of Disks is called Gain. The earth becomes more and more solid.

Egypt and Divine Nine

Egyptians see nine as the number three multiplied by itself, a great number that multiplies the qualities of the number three.

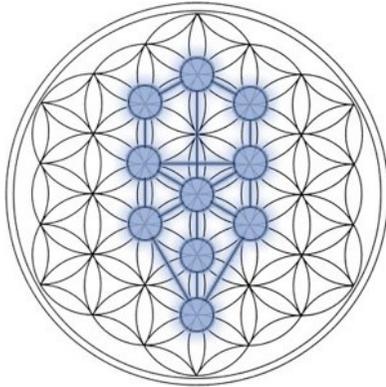
China Meaning of Nine

In China the number 9 九 jiǔ was associated with the Emperor. The Emperor's robes often had nine dragons, and the dragon had nine children. This number symbolizes divine harmony.

The number 9 is the same as the word for 'long lasting' so it is often used in weddings.

Spiritual Meaning of Number 10

Tree of Life and Meaning of Number 10



10 is represented by the Tarot Card called Fortune. The letter is Kaph = the palm of the hand. Ruled by Jupiter, the Great Fortune planet, manifesting Universe with its 3 forms of manifestation: rajas, tamas, sattvas.

The ten of Wands (fire) is called Oppression. The constant use of force kills the energy manifestation. The ten of Cups (water) is called Satiety. The ten of Swords (air) is called Ruin. The ten of Disks (earth) is called Wealth.

Egypt and Number 10

In Egypt this number was connected with the measurement of time and space.

4 Elements Wedding Ceremony

This Wedding Ritual was inspired and created for a dear friend's wedding and it is here to inspire you to create your-own ritual respecting the blessings of 4 elements and the Mother Earth.

Blessings to the Couple

“We gathered here to acknowledge and deepen the soul-mate union of these two lovely souls. We are here to support this amazing Twin Flame honouring the Bounty of Life.

May you take steps in trust holding each other through all of your vulnerabilities and learnings, co-creating Life together, opening deeper towards Love, Love that is Wild, Love that is Still.

May Angels give you Wisdom to cherish, nurture, and respect one another, choosing trust and honesty above All.

May God give you Strength to resonate with the Song of Life fully honouring the truth of each other.

Mother of Form and the Father of Consciousness Unite within this Sacred Marriage!”

4 Elements Wedding Ritual

Prepare a table with four elements (symbols) placed on it respecting the 4 Directions.

Air = East = Yellow = Rising Sun = Birth

In its highest manifestation Air is symbolised by an Eagle (if you have an Eagle feather use it within the ritual). The air is purified with an incense (a wonderful one is Nag Champa), and you offer your respect to the stage of Birth, asking Sages and Saints to support the Birth of Good and Fruitful Initiatives. A flute creates a magic of sound. The incense is passed around participants.

Fire = South = Red = Life Force Manifestations

Candles are lit, the couple is holding them. Fire in its highest manifestation is Divine Love. Represented by a Lion. The candles are given around to people to hold. We ask Angels to guide our Life Force towards Divine Love.

Water = West = Dark Blue = Emotions = Setting Sun

The couple is holding two vessels with water. They mix the water pouring it from one vessel into the other. You mix into the water some essential oils (good ones representing the element of water are: Jasmine, Rose, Lavender. Pass the vessels around. Water in its highest manifestation is Peace. Dragon is the Symbol of Water's Highest Manifestation. We ask Ancestors to guide us towards Peace.

Earth = North = white = winter = Wisdom of Elders

You have two vessels with sand and you mix them together pouring the sand from one vessel to the other. The elephant represents the eternal strength and a capability to overcome any obstacle.

The highest manifestation of Earth energies is the Land of Plenty. We ask Scientists to help us live within the World of Plenty.

The Central Force

The central force, the force that unites all the elements is Tao, Life Force, the Mother Earth, represented by Green. A green branch is passed along to symbolise Life.

The Tree of Life is the symbol of this Life Force. Passing the branch you say the vows to each other. Passing the branch, the people around say their blessings.

We all say: "Mother of Form and the Father of Consciousness Unite within this Sacred Marriage." The couple kisses, the participants surround them within an Universal Hug, and all participants sing AUM or

a chosen sacred song.

4 Elements Ritual Wedding Poem by Nuit

Finding the words to describe this magic ceremony that happened at
the Equinox, this poem came to me...

Taking steps in trust, child-full playfulness and joyful peace

Chanting, drumming, humming, dancing at the most Sacred Palace

Resonating with the Song of Life

We touched the Spiral where Forest meets Rivers

Ascending the deepest caves where Stalactites and Stalagmites form
Castles

Of Eternal Lovers meditating within the Earth's Belly

Mirroring What is Below is Above

We were 12 Honourable Guests witnessing the Sacred Marriage

The Mother of Form united with the Father of Consciousness

Asking Sages, Saints to give our Initiatives Fruitfulness

Angels to protect our Fire of Life

Ancestors to guard our Wisdom

Scientists to guide us towards the Land of Plenty

Holding each other's space, souls' expression, laughter

We honoured the 4 elements letting the Equinox

Flow through the Spiral of our DNAs

Worshipping the Central Force that unites us with the Universe

Becoming a Vessel of Love that is Life

We merged with Tao.

Meditation Spiritual and Occult Symbols

During the spiritual training a meditator can use visual images, mantras or words, or feelings and sensations (such as compassion, love, peace) as a focus of a meditation.

Thousands of years of spiritual practice short-listed a number of sacred occult symbols of meditation that affect the soul in a special way when it withdraws all attention from the outer world, and focusses on an image, mantra or a feeling.

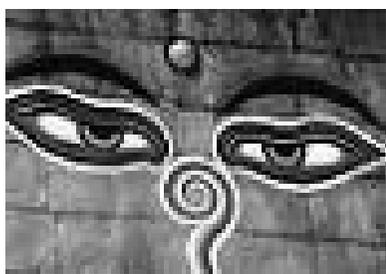
How to Meditate on Symbols

During the Meditation on Symbols, one focus on a symbol allowing different ideas and impressions into the mind. This is the way to contemplate the symbol.

During the meditation, helped by Rhythmical Breathing, we silence the mind and allow our soul to become one with the symbol within the silence. The symbol will inspire our Soul to enter deeper meditations.

Meditation Symbols in Buddhism

Buddha Eyes or Wisdom Eyes



Buddha Eyes look at us from all the Tibetan Stupas in Nepal gazing in the four directions to symbolize the all-knowing Buddha.

Between the Buddha's eyes there is the Nepali character for the number 1, symbolizing unity of all things and the Buddha's all-seeing third eye.

According to Buddhism all beings have the Buddha nature. We all have within us the seed of purity that is to be transformed and developed into Buddhahood.

Dharma Wheel

The Eight Spoked Dharma Wheel in Sanskrit called: 'Dharmachakra' symbolises the Buddha's Wheel of Karma. Eight spokes symbolise the Eight-fold-Noble-Path that is given by Buddha as an instruction towards enlightenment. The 3 symbols in the centre represent 3 jewels or the pillars: the Buddha, the Dharma: his teachings and the Sangha: spiritual community



The Buddha is known as the Wheel-Turner: the One who sets a new cycle of life in motion and changes the destiny.

Meditation on Buddha

Meditating on the image of Buddha or repeating mantras, the ordinary body, speech and mind are purified and transformed into Buddha's holy body, holy speech and holy mind.

Hindu Meditations and Yantras

Sri Yantra

Shree Yantra is considered to be the Queen of all Yantras. Its shape is

composed of 9 triangles mystically drawn one within the other on the inside of the mandala. It shows how this basic mathematical pattern governs the evolution of life. The Sri Yantra is believed to be the image of the OM mantra, according to Hindus: the primordial sound of creation.

Yantras are used for inner healing, and meditation. Coming from India and Tibet, since 3000 B.C. yantras have powerful symbolic messages for our subconscious worlds. Every shape emits a very specific energy pattern and a person who meditates on a yantra tunes into this specific frequency.

The Sri Yantra in the 3 dimensional shape (Meru in Sanskrit) is a Pyramid grid signifying unlimited Universe and its abundance. Meaning of Shree is 'Wealth'.

'Meditation means properly the concentration of the mind on a single train of ideas which work out a single subject. Contemplation means regarding mentally a single object, image, idea so that the knowledge about the object, image or idea may arise naturally in the mind by force of the concentration.'



'This form leads to another, the emptying of all thought out of the mind so as to leave it a sort of pure vigilant blank on which the divine knowledge may come and imprint itself, undisturbed by the inferior thoughts of the ordinary human mind and with the clearness of a

writing in white chalk on a blackboard... This may be called the dhyana of liberation, as it frees the mind from slavery to the mechanical process of thinking and allows it to think or not to think, as it pleases and when it pleases, or to choose its own thoughts or else to go beyond thought to the pure perception of Truth called in our philosophy Vijnana.'

Sri Aurobindo Meditation Quotes

Meditation on Shiva

Lord Śiva (Shiva), the Destroyer or the Transformer is one of the three major Gods in Hinduism; he is part of the Trimurti (three forms) that is the Hindu Trinity, that explains that the cosmic energies manifest in three forms: creation, maintenance, and destruction, and they are personified as Bramha, Vishnu and Shiva.

It is Siva who causes bondage and who made Maya (Illusion). It is Siva who makes you realise your essential Divine Nature. Siva created the idea of egoism, Karma, pleasure and pain. It is Siva who offers Moksha or freedom. Om and Siva are one. Siva manifests in the Gayatri Mantra, Agni and in the Sun.

Meditation and Christianity

Meditation is more-or-less defined as a mental exercise of concentration and contemplation, by either focusing on a single thought (e.g. meditation repeating a mantra), or by following an intuitive imaginative flow that involves relaxing the body, and calming the river of thoughts, with an aim to enter deeper levels of consciousness.

St. Teresa of Avila (1515-1582) Christian mystic about meditation

For Mystical Christians meditation is a type of contemplative practice often known as prayer, induced by inspirational readings, and practiced with a form of visualization.

In both Eastern traditions and the Christian tradition the goal of contemplative practices is a closer intimacy with God, Christ, Buddha, Shiva consciousness, or a Guru.

The Mystical Christians would completely agree with the Yoga gurus of our present and past about the benefits of meditation.

St. Teresa of Avila (1515-1582) A Mystic Christian Saint about Prayer

There are 4 stages towards God:

1. Devout **contemplation or concentration**
2. The '**prayer of quiet**' where the prevailing state is one of quietude
3. The '**devotion of union**', an **ecstatic state of a blissful peace**,
4. The '**devotion of ecstasy**', the **body consciousness disappears**, sense activity ceases; and the body is literally lifted into space.



What is meditation?
Alchemy of Love
Mindfulness Training

St. Teresa of Avila 1515-1582 Christian Mystic about Meditation

St. Teresa of Avila a Christian Saint living during the 16th Century wrote about 4 stages towards God and her inspiring words of contemplation very much resemble the description of a Yogi that talks about meditation. She names the four stages to God as:

1. Contemplation and concentration
2. Prayer of quiet or SILENCE

3. Devotion of UNION or "ecstatic state of blissful peace"
4. Devotion of ECSTASY, where "the body Consciousness disappears".

Meditation as a Spiritual not Religious Tool

We are lucky to be living at times when all the ancient scripts are readily available for us to read, compare, and thoroughly research. All the different cultures across the Globe work with this ancient spiritual practice and its application within the day-to-day life.

Whether we read the Yogic text Patanjali (150-200BC) Yoga Sutras, or the Chinese ancient texts like: The Secret of the Golden Flower (around 600AC) we come across various examinations of meditation as the spiritual tool, researching its relationship with Health, Balance, Mind and Soul. The Hindus, or Buddhists Priests and Yogi practitioners, explore this amazing laboratory of various mystical applications of meditation within their lives and the mystical Christians or Sufi practitioners (Islam) are no exception to this rule.

Using our souls intent, we approach meditation either mentally or through our hearts, and we learn about the whole range of benefits that this practice offers; physical or emotional relaxation, improved concentration, increased love, At the end of the spiritual journey we find the promise of Enlightenment, and the promise of an eternal Happiness.

Detaching the tool from the religious connotations is always a difficult process and it risks "charlatans" invading the space of Gurus, Philosophers, Sages, Priests, and Spiritual Researchers promising an "instant happiness", a "curse" or a "pink pill" that cure all the diseases and brings immense wealth without any "Proper Rightful Effort", without a rigorous self-development training that truly works with Virtues, Creativity, Changing Habits, etc.

Meditation is today a focus of increasing scientific research and over 1,000 research studies are published linking meditation to a variety of health benefits, stress reduction, improvement of academic performance, sustained attention, increasing the one's self control, and love. From the point of view of psychology, meditation can induce

altered states of consciousness.

Difference between Concentration and Meditation

'Concentration and meditation are the royal roads to perfection. Concentration leads to meditation. Fix the mind on one object either within the body or without. Keep it there steadily for some time. This is concentration. You will have to practise this daily. Purify the mind first through the practice of right conduct and then take to the practice of concentration.'

'Concentration purifies and calms the surging emotions, strengthens the current of thought and clarifies the ideas. Concentration helps a man in his material progress also. He will have a very good outturn of work in his office or business house. What was cloudy and hazy before becomes clear and definite.'

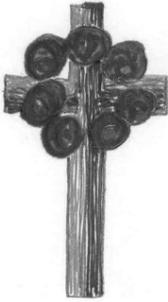
'Meditation is of two kinds viz., Saguna Dhyana (concrete meditation) and Nirguna Dhyana (abstract meditation). In concrete meditation the Yogic student meditates on the form of Lord Krishna, Rama, Sita, Vishnu, Siva, Gayatri or Devi. In abstract meditation he meditates on his own Self or Atman.'

Swami Sivananda: Meditation and Concentration with Symbols

Meditation on Symbolism of Venus

Venus is the Goddess of Love. Living love, we start listening to our innermost being. Touched by the Love Magic we open, and dissolve our boundaries. To choose Happiness as the way of Life, one can train Love. To inspire your meditation you could use for example: Botticelli Venus.

Steiner's Meditation upon Rose and Cross



‘In my thoughts I look now, for example, upon the rose and say, In the red rose petal I see the colour of the green plant sap transformed into red, and the red rose, like the green leaf, follows the pure, passionless laws of growth. The red of the rose may now become the symbol of a blood that is the expression of purified instincts and passions that have stripped off all that is base, and in their purity resemble the forces active in the red rose. I now seek not merely to imbue my intellect with such thoughts but to bring them to life in my feelings. I may have a feeling of bliss when I think of the purity and passionless of the growing plant; I can produce within myself the feeling of how certain higher perfections must be purchased through the acquirement of instincts and desires. This can then transform the feeling of bliss, which I have felt previously, into a grave feeling; and then a feeling of liberating joy may stir in me when I surrender myself to the thought of the red blood which, like the red sap of the rose, may become the bearer of inwardly pure experiences.’

“It is of importance that we do not without feeling confront the thoughts that serve to construct such a symbolic visualization. After we have pondered on such thoughts and feelings for a time, we are to transform them into the following symbolic visualization. We visualize a black cross. Let this be the symbol of the destroyed base elements of instincts and passions, and at the centre, where the arms of the cross

intersect, let us visualize seven red, radiant roses arranged in a circle. Let these roses be the symbol of a blood that is the expression of purified, cleansed passions and instincts.'

Rudolf Steiner Meditation: Symbol of Cross and Rose, Occult Science

The Meaning of Om



The mantra OM is the name of God. Written as A-U-M, it represents the divine energy united in its three aspects: Brahma (creation), Vishnu (preservation) and Shiva (destruction); or Buddhists will relate it to holy body, holy speech and holy mind of Buddha.

Swami Sivananda about the Meaning of Om and Om Meditation

'Om (Aum) is everything. Om is the Name or symbol of God, Isvara or Brahman. Om is your real Name. Om covers the whole threefold experience of man. Om stands for the phenomenal worlds. From Om this sense-universe has been projected. The world exists in Om and dissolves in Om. 'A' represents the physical plane. 'U' represents the mental and astral plane, the world of intelligent spirits, all heavens. 'M' represents the whole deep sleep state, and all that is unknown even in your wakeful state, all that is beyond the reach of your intellect. Om represents all, Om is the basis of your life, thought and intelligence. Om is everything. All words which denote objects are centred in Om. Hence the whole world has come from Om, rests in Om, and dissolves in Om.

As soon as you sit for meditation, chant Om loudly 3 or 6 or 12 times. This will drive away all worldly thoughts from the mind and remove Vikshepa (tossing of mind). Then take to the mental repetition of Om.

The Japa of Om (Pranava Japa) has a tremendous influence on the mind... The vibrations set up by this word are so powerful that, if one persists in taking recourse to them, they would bring the largest building to the ground... Pronounced as spelt, it will have a certain effect upon the student; but pronounced in its correct method, it arouses and transforms every atom in his physical body, setting up new vibrations and conditions, and awakening the sleeping power of the body.'

Spiritual Messages from Enlightened Minds

'As a mother would risk her life to protect her child, her only child, even so should one cultivate a limitless heart with regard to all beings. So with a boundless heart should one cherish all living beings; radiating kindness over the entire world.'

The Buddha, About Compassion, Sutta Nipata I, 8

Lao Tzu, Tao Te Ching, Chapter 2

'When the world knows beauty as beauty, ugliness arises

When it knows good as good, evil arises

Thus being and non-being produce each other

Difficult and easy bring about each other

Long and short reveal each other

High and low support each other

Music and voice harmonize each other

Front and back follow each other

Therefore the sages:

Manage the work of detached actions

Conduct the teaching of no words

They work with myriad things but do not control

They create but do not possess

They act but do not presume
They succeed but do not dwell on success
It is because they do not dwell on success
That it never goes away'
Bible, Mark, 12:30-31

'and you shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.' The second is this, 'YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF.' There is no other commandment greater than these.'

Gift from Enlightened, Nuit

I looked into his green eyes and saw

An enlightened glow

He is one of a few - the Lady of Damascus Guard

Her faithful soldier

Taking care of Her for thousands of years

More than 90, he is intimate with life and death

And us, the coincidental visitors

Of his little secluded church

His hands sensitive, soft and loving

Blessing us said:

Birds of anger, hate, and worries

Will always fly above your heads

That - you can not prevent

But what you can - is them nesting on your heads

Magic and Meaning of Equinox

The seasons change while the Earth continues its journey through the space and time. Rituals at the Spring and Autumn Equinox honour balance between light and dark.

Some teachings of esoteric wisdom say that during this time the veil between the physical world and other worlds opens. This is a good time for meditation, prayers, rituals and offerings.

Autumn Equinox

The autumn equinox is a time of death, the time to destroy the egos and our subconscious patterns such as anger, pride, greed, envy, lust... We can offer our weaknesses as sacrifices before the gods transforming them into their higher, divine manifestation.

Chinese honour this time with a ritual of standing facing west, lighting white candles, or placing white flowers on the altar.

The Druids used to cut wands from the willow trees to use for divination at this time of year.

For the ancient Celts the autumn equinox is symbolically marked as a time of sacrifice with a ritual of burning a figure from the stems of grain, representing the vegetation spirit.

Rituals at Equinox

The Equinox is also known as: Cornucopia, Feast of Avelon, Festival of Dionysus, Mabon, Night of the Hunter, Witch's Thanksgiving.

There are hundreds of ancient sites all over the world that align to the solstices and equinoxes giving us various mathematical, astronomical, and sacred guidelines.

Equinox in Malta

Mnajdra's (around 4000 BC) Lower Temple

Mnajdra is a megalithic temple complex in Malta, an architectural masterpiece, dating back to 3600 BC.

Its entrance is aligned with the sun rays of the equinox. The rays of light penetrate a corridor and illuminate a back-stone / shrine within the temple. Sunrise on the first day of spring and autumn, during the equinoxes, marks the relationship between the temples and celestial bodies.

Equinox in Egypt

The Great Pyramid

The Great Pyramid has two of its faces orientated precisely towards East and West, meaning that these are the exact points of the rising and setting sun only on the spring and autumnal equinoxes. This kiss of sunlight and sides of the Great Pyramid has probably resulted in a flash of light that was visible for miles around.

At midnight on the autumn equinox North Star shines its light all the way down to the subterranean pit inside the pyramid. In 2,170 BC, the pole star was Alpha Draconis. It is calculated that at the same time in 2,170 BC, Alcyone, the star Mayan believed our sun and solar system revolves around, stood on the meridian of the Great Pyramid.

Equinox in Ireland

Loughcrew built around 3000 B.C. also captures a ray of sunlight through its central chamber exactly on the winter solstice. During the mornings of the equinoxes, the shrine within the temple that is decorated with astronomical symbols, is illuminated by the sun.

Equinox of Mayas

Chichen Itza

Mayas built their sacred site called Chichen Itza with a pyramid known as El Castillo, that at spring and autumn equinoxes creates a pattern of light on its nine steps. The game of shadow and light displays seven triangles that link up with a stone serpent head at the base of the pyramid. During the autumn equinox, the setting sun's moving pattern appears to be a snake descending down the steps. The visual effect is the one of the serpent ascending and descending. The feathered serpent is an esoteric symbol of union of female and male aspect. The serpent symbolizes the feminine aspect, and the feathers, the eagle, the male aspect. The ascent and descent of the serpent is the symbolic representation of the descent into the underworld and ascent towards heavens.

Equinox in ancient Summeria

the goddess Inanna, and in Greek mythology the goddess Persephone descend into the underworld at the time of the autumn equinox. Astrologically speaking, this is the day when the Sun enters Libra, the sign of balance. Esoterically, the number 8 that is the symbol of infinity hides within the centre of the earth.

8 is also a symbol of the equinox.

Full Moon Rituals from Around the World

Moon Goddess and Full Moon Rituals

We all know that the Moon has a profound influence upon us. Many say that the highest energy occurs at the Full Moon.

Have you had a chance to meditate, absorb its beauty and its energy?
Have you had a chance to pay your respect?

Fool Moon and Astrology

Astrologically the Moon is the closest planet that influences waters on Earth. In a natal chart, Sun represents the conscious will; the personality; and the self actualization, while the Moon represents the subconscious mind and the feelings and instincts. The moon also transits through one of the 12 constellations. It is either in Leo, or in Virgo, or in Libra, so it gives us specific energies influenced by the stars constellations.

Aries - Action: leadership, authority, rebirth, spiritual conversion, or willpower

Taurus – Sensuality: for physical love, material acquisitions, and money.

Gemini – Communication: good communication, change of residence, writing, public relations, & travel

Cancer – Nurturing: home and domestic life

Leo – Vitality: courage, fertility, or childbirth

Virgo – Organizing: employment, intellectual matters, health

Libra – Balance: artistic work, justice, court cases, partnerships

Scorpio – Philosophical: sex, power, psychic growth, secrets

Capricorn - Ambitious: recognition, career

Aquarius – Social: science, freedom, creative expression

Pisces – Sensitivity: dreamwork, clairvoyance, telepathy, music

Full Moon and Worship of Divine Mother

The Full Moon is an auspicious time to pay respect to the Divine Mother, to the Shakti.

The new moon energy gives one the power of new beginnings, the full moon (48 hour window) is the best for expressing gratitude, for meditation and prayer.

Full Moon and Buddhism

To Buddhists, there is a special meaning to a full moon day. Buddha was born, got enlightened and died on a full moon day.

Full Moon and 4 Elements

Ancient belief is that the moon is the controller of water.

Fire and Water are the elements of Sun and Moon, where Fire gives light, heat and energy, allowing Water to absorb light to produce Life.

People suffering from mental dis-eases have their fears and passions affected during full moon days, this is where 'lunatic' word comes from.

Farmers studied the influence of the moon on their crops. Medical science examined the relationship of the moon on human beings observing how the 70% of water in our body reacts modifying our metabolism, electrical charges and blood acidity.

Full Moon Spiritual Practices

The ancient sages respect the wisdom of the Moon and its phases.

Taoist sexual practices suggest that a person avoids sexual merge on quarter or full moons and on days when there were great winds, or

storms.

Chinese employ a lunar based calendar. For them Yang is Sun, a Masculine principle within the Nature and Yin is feminine, the Moon or Goddess of the Night.

The ancient Chinese called the Sun Tai Yang, or the Great Yang Luminary. They called the Moon Tai Yin, or the Great Yin Luminary.

In Hinduism, the Sun is Shiva, while the Moon is Shakti, God and Goddess. Shiva is consciousness, while Shakti is the Soul in its manifestation on Earth.

Shamanic Moon Ceremonies

The Most Shamanic rituals honour the spirit of the natural world. The full moon is worshiped with rituals involving burning sage, purification, chanting, dancing and meditation. One of the ceremonies is called 'Drawing Down the Moon' where the energy of the Full Moon is used to induce the trance state of meditation and higher consciousness.

Full Moon Poetry

Exciting but scary by Nuit, Art of 4 Elements Poetry

many are called but few choose to follow the sign on your forehead says
'fragile - do not touch'

exciting but scary...

the daylight covered in the full-moon shadow mermaid's song across
the seas calling explorers to dare to descend into the centre of their
very-selves

exciting but scary...

the sacred secret hidden amongst ornaments, symbols, caves, under-
water corals, silence, deep within your head

exciting but scary...

discovering the limits of the Self facing the Pure - within 'I', within Acts of Nature, Act of God

exciting but scary...

demolishing, dismantling, refusing all-that-is-not-real and what is - in this shady world? exciting but scary...

Living Infinite Love, Art of 4 Elements Poem by Nuit

Purified replacing Matter by Spirit

Cell by cell...

Nourished by Earth

Veiled by Fire

Carried by Air

Dissolved by Water

Filled with God

Intoxicated with God

Becoming Divine

Metal transformed into Gold

Through the supreme Magic of the mastery of

Thoughts and feelings

Evoking the Infinite Wisdom buried inside

Impeccably and non-compromising

Living the Infinite Love

Wu Wei, Art of 4 Elements Poetry by Nuit

flow of Life governed by Tao flow of change

spontaneous natural effortless acting through non-action

connecting with Earth and Full Moon and Sun through Being

not inert or lazy or passive but swimming swiftly within the current
merging Life with Tao

quiet and watchful not-interfering receptive alert directly connected

acting without action trusting detached without desire spontaneous
natural effortless Living

Schumann Resonance

Earth Breathing and Alpha Brainwaves

The earth is surrounded by air, and the ionosphere, and it is a wonderfully resonant system. Any energy trapped within this earth-ionosphere cavity, like lightning storms, etc., will cause it to ring like a bell. This frequency was first time calculated and detected by the German physicist Schumann in 1952. He mathematically predicted that the most predominant standing wave resonates around 7.8 Hz. The amazing fact is that this frequency is identical to the Alpha spectrum of human brain waves.

Alfa Brainwaves and Meditative States

When a person is meditating, praying or deeply relaxed his brain resonates within Alpha and Theta rhythms range of 4-8 Hz. During this relaxed state of mind, waves of Alpha and Theta frequencies cascade across our entire brain, making it possible for the human being and our dear planet Earth to come into resonance. Was this the vibration that ancient sages of India called AUM (Om), the sacred sound of creation? Or perhaps the original Sound of God that was mentioned in Bible? The scientists believe that these waves help regulate our bodies' internal clock, improve sleep patterns, and hormonal secretion.

Schumann Resonance and Healers

For a decade, Dr Robert Beck from US researched the brain wave activity of healers from various backgrounds. He examined Christian healers, shamans, dowsers, wicca practitioners, etc. and each exhibited 'nearly identical EEG signatures' during healing of a 7.8-8Hz brainwave activity. It appears that the basic earth's frequency of 7.8Hz can enhance growth, improve immune responses, and generally rebalance the human body.

Schumann Resonance and Spiritual Practices

Various spiritual practices and spiritual paths and rituals are designed to allow this magic meditative Alpha range to rain. Bells ringing, shamanic drumming, mantra chanting, trance dance, meditation, various salutations to God, healing dances, Christian singing, bolster the human brain's ancient harmonization with the planetary field. Entrainment happens when vibrations of one object cause the vibrations of another object to oscillate at the same rate. Our brain waves are prone to this synchronisation, and external rhythms have a direct effect on our mood, thoughts, emotions and re-action.

Alpha to Delta Brainwaves

Alpha waves (7-13 cycles per second) are present during dreaming, deep relaxation, and meditation. Scientists claim that in Alpha, we are more open to the wealth of creativity, we feel happier, regenerated, and in tune. C.M. Anderson, M.D. (1998) of Harvard links a persistent internally generated sound of 'humming insects' that many people experience within Churches or Temples, during meditation or during deep intense experiences, to the Alpha 10Hz rhythm. Indian Yogis, gurus and sages associate this sound to deep meditation and Samadhi experiences.

Just to give you an idea of other frequencies, Delta waves are the slowest but highest in amplitude (between 0-4 Hz) and Theta waves (4-7 cycles per second) are abundant in deep dreamless sleep and in the deep meditation. Theta has also been identified as the gateway to learning and memory, it is the slow activity often connected with creativity, intuition, trance, and unconsciousness. It is the state of mind where we focus inwardly experiencing contemplation and silence.

Beta is a 'fast' activity, present when we are alert while Gamma relates to integrated thoughts, information rich task processing.

Schumann Resonance, Yin and Yang of Creation

Mankind developed with two subtle environmental signals, the Chinese call them Yin and Yang.

The Yang Alpha frequency of the Schumann wave, and the Beta Yin frequency of our waking consciousness.

Our brain dances amongst these important rhythms changing its functions every 1 to 2 hours, Yogis and Scientists see these happenings observing the dominant nostril exchange, the exchange of the Ida and Pingala energy flow, or left versus right brain dominance. Alpha waves are induced by calmness, inner awareness, creativity and learning while Beta is where our normal waking consciousness is, where we have active thoughts processes switched on, with outer awareness, automatic responses and emotions. It ranges from 13-30Hz.

16Hz is a bottom limit of our normal hearing. Piano's notes have frequencies from 27.5 to 4,186Hz. Female speech is within the frequency of 140 to 500Hz, Male speech hits the frequency of 80 to 240Hz.

30 to 60Hz is within Gamma Range and it is switched on during the danger, it is our brain's decision making process when we are within 'flight or fight' responses.

Ranges from 33-50Hz are associated with many spiritual phenomena: awakening of chakras, sensitive consciousness, it is supposed to be the Pyramid frequency (inside). This frequency is also associated with our learning and thinking processes that require full concentration and alertness. It occurs when the body is relaxed but the mind is in a state of high focus.

Today, modern medicine uses various frequencies for healing, and within our ancient past temples were build with the acoustical resonances around 90 - 111Hz in mind. This is the frequency that induces the production of beta endorphins within our brain responsible

for the feeling of happiness well-being and balance. 126Hz is associated with Sun, 420Hz with the Moon.

Very low musical sounds can have very long wavelengths: some central Javanese (from Indonesia) gongs vibrate at around 8 Hz to 10 Hz.

Healing with Sound and 528 Hz. 528Hz also called The Love Frequency

A regular piano 'C' or 'Do' vibrates to a frequency of 512Hz, and the 'C' of 528Hz has been a part of an ancient scale called the Solfeggio Scale. 528Hz is known as the 'miracle' tone. The difference in the frequencies is due to different tuning methods utilized in ancient times.

According to Dr. Leonard Horowitz, 528Hz is a frequency that is central to the 'musical mathematical matrix of creation'. He explained that NASA studies show that the sun's output contains 528Hz as 'a central frequency within it.' He claims that this frequency can be found in oxygen as a result of the photosynthesis of plants. A math scientist Victor Showell describes 528Hz as essential to the ancient Phi, and the Golden Mean. Dr Emoto in his 'Water Research' showed that water molecules that are exposed to the frequency of 528Hz create beautiful crystal shapes.



Dr. Horowitz observed that the frequency can be found in sounds such as laughter, sighing, and yawning. According to him we emit this frequency when we experience unconditional love, and compassion.

Goddess Worship Rituals within Malta Temples

Walking back 7,000 years...

The temples were built from stones as huge as 19 tones! Today we find more than 30 megalithic on a small island of Malta in the middle of Mediterranean. Who were they, the civilization that left these architecture miracles? Were these temples of giants? Or was this little island a pilgrimage site? Did we have people coming from far to worship the Goddess?



Sleeping Lady from Hypogeum Malta Underground Temple

Statues found dating back 5,000 years ago suggest a concept of asexual God or Goddess, worshipping Divine that goes beyond sexuality.

The structures, we know today are aligned to the Sun. During the equinoxes, the sun rays walk through the Temple's portal blessing the altars. We find deliberate polarity within the Temples, the Female and Male aspect of creation is equally worshiped.

Water and Earth was worshiped on 1 side of the Temples and Air and Fire on the other side, grouping the elements into female and male

manifestations of creation. All the ancient philosophies resonate with this sacred wisdom: Yin and Yang of Taoists, Ida and Pingala of Yogis, merge of Black King and White Queen of Alchemists, Kabbhala's Tree of Life and its female and male path to understanding the creation.

The temples welcome us with the full light of the sun, leading us to the reflected light symbolising the light of the moon, and presenting us with the complete darkness that takes us into our souls' meditations.

Evidence suggests that the temples were also aligned to the Moon and the Stars.

Hypogeum Malta Underground temple dates back to 4-5,000BC

Listening to messages that Temples provide we link to the spiritual messages from the religions from all around the world.

Descending into the underground temples, we descend through the spiral into the Earth, into the Earth's womb. Descending into the centre of Earth we go deep down, 11 meters into the Earth.

We find the Oracle Room and the room called Holy of Holies. The Oracle Room resembles the womb, it is round and full of red spirals and the Holy of Holies is strongly geometrically shaped, with very precise lines and square altars.

Temples and Initiations

Knocking at the door of eternity, looking at the oldest free standing structures, temples, on Earth we observe symbols and discover secrets so that we apply them within our spiritual practices.

Temples are shaped like Goddess, with trees, animals and spirals carved on the stones. Mystical spiral is everywhere within the temples. Spiral as the symbol of our path to consciousness, from unit point of consciousness, from God within that is expanding to eternity to the transcendent omnipresent, omnipotent God or Goddess.

Descending into the underground, priests and priestesses use chanting to reach alter state of consciousness, to become Divine, reconnect Heaven and Earth.

This place is a magical place of dreams, visions and mystical chants, where Priests and Priestesses go into the Oracle, into dream states of consciousness, using musical rituals to reach higher states of consciousness.

Ancient Temples Symbols, Worship Sound Rituals

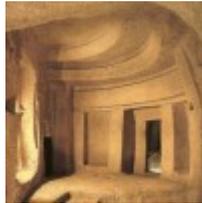
John tells us: 'In the beginning was the Word, and the Word was with God, and the Word was God'. Upanishads (a sacred Hindu text) say that the divine, all-encompassing consciousness first manifested as sound 'OM', the vibration of the Supreme. Everything has its own frequency. Pythagoras created his musical scale starting with a note A (just next to the middle C) that resonates at the frequency of 111Hz. Perhaps this one note contains many overtones like white light that contains all the colours. Perhaps it is a Cosmic 'I love you' that is within all of us. 111Hz is a frequency of a low male voice.

Paul Devereux is a professor from Cambridge and an archeo-acoustician who researches the area of archaeology and acoustics and who has visited ancient sites and temples analysing the ritual use of sound. He's discovered that burial mounds in Ireland called Cairns, even though they are made of different materials, and are different sizes, all resonate at one particular frequency, of: 111 Hz. He has decided to take it a step further and explore what happens to the brain when it is exposed to the frequency of 111Hz. Findings of MRI scans suggest that at exactly 111hz, the brain switches off the prefrontal cortex, deactivating the language centre, and temporary switches from left to right-sided dominance, that is responsible for intuition, creativity, holistic processing, inducing a state of meditation or a trance.

Further research directed by Prof. Robert Jahn has tested acoustic behaviour in megalithic sites in the UK, showing that they sustained a strong resonance at a sound frequency between 95 and 120 hertz.

Divine Healing Frequency and Malta Temples

The Maltese Hypogeum is a temple hewn out of the rock during 3600-2500BC that covers some 500m² with the lowest room being around 11 metres under the ground, mirroring Temples above the ground that are the oldest free standing structures on Earth. Testing that analysed the sound within the Oracle Chamber in the Hypogeum found to match the same pattern of resonance at the frequency of 111Hz.



Hypogeum Malta Underground Temple Holy of Holiest

Seven thousand years ago, a thousand years before the Egyptian pyramids, in the Mediterranean, in Malta, an amazing culture seemed to be flourishing in peace and harmony for 2,500 years. Within the remains of their times, no evidence of weapons, or defensive architecture was found. The bones analysis suggests a healthy population. Their cult seems to have rituals that are life affirming, earth and nature oriented, worshipping Great God/dess, experiencing the divine as both feminine and male, attuning to the natural rhythms and cycles of Sun, Moon and Earth, and the change of the seasons. These Neolithic people were certainly not savage cavemen.

Healing with Sound and Inducing Higher State of Consciousness

So, 7,000 years ago, a culture that settled in Malta, and built Maltese Megalithic Temples, had an advance knowledge not only of architecture but of sound rituals that induce a trance-like meditation or higher state of consciousness. It is likely that the sound ritual was used to lead 'devotees' into trance-like meditation, increasing their emotional and social intelligence. Today, various studies suggest that the long-term

practice of meditation may sculpt the brain towards more patient, emotionally balanced, and creative individuals.

Descending into Hypogeum one can re-connect with this culture that used overtone chanting, unearthly, angelic singing, bell ringing, singing balls, drums to reach altered states of consciousness. These sacred musical rituals found their place in religions all around the world: within Christian Mass singing, Tibetan or Buddhist chanting, Hindu devotional songs. The sound resonates through the bones within Hypogeum and people from all over the known world may have used the island as a centre of their mystical practices, a pilgrims' site, coming to worship their beloved Goddess, coming to experience Divine.

Serpent Priests of Maya, Egypt and Malta

Within the Hypogeum, a number of lengthened skulls, called the dolichocephalous skulls were found. The skulls were found near a sacred well dedicated to the Mother Goddess together with the small statue of a sleeping goddess with a snake engraving on it.

The symbolism of snake is wisdom, health, and esoteric knowledge.

Similar skulls were found within Mayan temples, and in the ancient Mesopotamia and Egypt.

Could it be that these skulls belonged to a profoundly wise culture of 'serpent priests'. The long head must have given a serpent like appearance stretching the eyes and skin.

Professor Walter B. Emery, an Egyptologist, discovered some dolichocephalous skulls, in Egypt. Emery believed that this 'race' was highly dominant aristocracy that governed entire Egypt, mixing only with the aristocratic classes and the scholar associated them with the Shemsu Hor, the 'disciples of Horus'.

It is interesting that in Lower Egypt, the pharaoh's symbol is a bee. Malta's ancient name is 'Melita', the Latin word for honey. The 'serpent

priest' tradition is also found in the Middle East, Kurdistan, where at around 5000BC we find the goddesses represented with faces of vipers and lengthened heads.

In Egypt, pharaoh Akhenaton (around 1350 BC) and his royal family, were portrayed as people with lengthened head and snake-like faces. The X-rays of Tuthankamon's skull, Akhenaton's son, showed a dolichocephalous cranium.

When Saint Paul shipwrecked in Malta, he writes that a snake bit his foot... This could have been one of the last 'serpent priests' of the Goddess on the island.

Gnostic Cosmology, by Nuit

At its birth
descending into the sea of time and space
a Soul goes through the ladder of seven spheres
Reaching Earth it is coarsened by planets' touch

On its pilgrimage back - it rises
using the same ladder
merging with the planets - one by one

It takes a sweat bath with Saturn
through a vale of tears that extracts
what is best within spirit, mind and life

Then Jupiter takes its turn
promising good fortune, health and wealth
multiplying - he binds it to Maya's fighting birds
tamas, rajas and satwa are their names

Mars brings fire - and sword and shield
his fury heightened, his goal is clear
more transparent & subtle realm

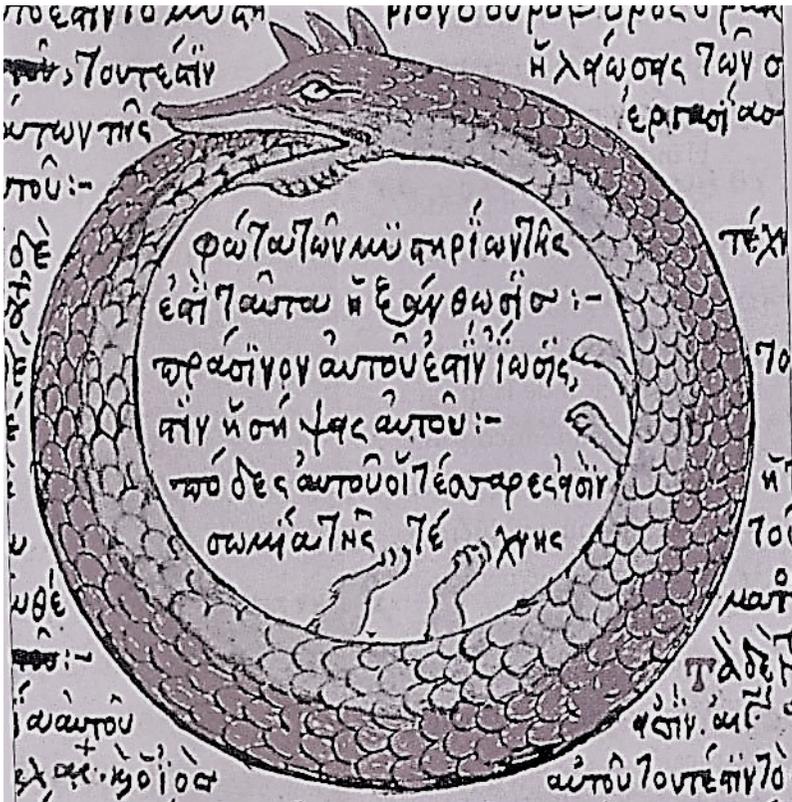
The Sun rides a lion
appearing mighty, strong and free
cleansing the soul from arrogance, vanity and pride

Venus gives pleasure & unimaginable joy
Coming on a peacock tail - sensual, and royal
checking immodesty traces and maya comprehension ploy

In Mercury's embrace the Soul falls, now pure and virginal
the matter solidified - fire indestructible
Phoenix rises from its funeral flames

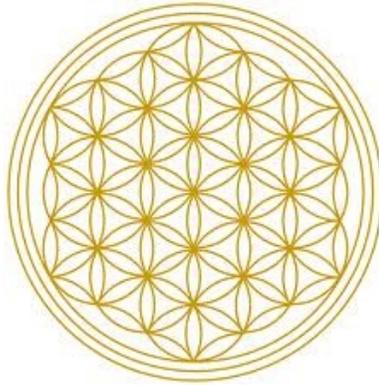
Luna receives an immaculate, purple robed King
giving It the final sublimation
Pelican, with her blood, feeds her dead young back to life

From Alfa to Omega, from metal to Gold, from Soul to Spirit
Until the Serpent has swallowed
its-own tail



Ouroboros image 1478 drawing by Theodoros Pelecanos, of an alchemical tract attributed to Synesius

Symbolism of Flower of Life



A symbolism of Flower of Life has deep spiritual meaning. Its form is a mandala that consists of multiple evenly-spaced, overlapping circles. The Flower of Life pattern is found in ancient spiritual drawings, as the symbol that depicts the evolution of life within the aspects of space and time. Everything has a mathematical pattern. The Flower of Life carries the pattern of the Universal Life Force. The symbol is found carved in stone within the Temple of Osiris at Abydos, Egypt, possibly representing the Eye of Ra, and later in Phoenician, Asian, Middle Eastern, and Christian art. Today famous are Leonardo da Vinci's mystical and occult drawings of the Flower of Life. Understanding The Flower of Life help us understand how the Universe works. This symbol could be used during meditations, or as a protection symbol and some use it to improve the quality of their drinking water.

Jung about Meaning of Mandalas

'Very ancient magical effects are hidden in this symbol for it derives originally from the 'enclosing circle', the 'charmed circle', the magic of which has been preserved in countless folk customs. The image has the obvious purpose of drawing a sulcus primigenius, a magical furrow around the centre, the templum, or temenos (sacred precinct), of the innermost personality, in order to prevent 'flowing out', or to guard by apotropaic means against deflections through external influences. The magical practices are nothing but the projections of psychic events,

which are here applied in reverse to the psyche, like a kind of spell on one's own personality. That is to say, by means of these concrete performances, the attention, or better said, the interest, is brought back to an inner, sacred domain, which is the source and goal of the soul and which contains the unity of life and consciousness. The unity once possessed has been lost, and must now be found again.'

Jung about Mandala, Intro to the Secret of the Golden Flower



Mandala around the fire under stars forming a <3

Love Symbols and Their Meaning

Love knows no boundaries. Symbols of Love connect us to the Force of Love and its Eternal Wisdom.

Love by Nuit

O Love, I shudder within your sight

I feel your unconditional, demanding touch
within every cell of my being

Beyond dualities, beyond the ring of desires
beyond the Pandora's box of secrets

I feel your presence, your Divine Breath
I hear your scream - that awakens, illuminates, inspires

to the dance with the Spirit
to the reality of the Source

O Love, I cover your body with Star Dust

to find myself naked, bewildered, free
maddened with your strength

I tremble...

stripped of all layers
of different Selves
becoming humble, gentle and weak
at your mercy
dying...

Heart as a Symbol of Love

We somehow naturally start with the heart as a symbol of love. It was firstly found on coins by the Cyrenes in the 7th century B.C.

It is interesting that the image depicted on the coins was the heart shaped seeds of a plant called Silphium, a type of fennel, that was used as a herbal contraceptive.

The Greeks believed the plant was a gift from Apollo. It was the birth-control medicine of the time so no wonder that its shape became an association for sexuality and love.

The heart shape was most likely first associated with sex, and later with love... One of the first known depiction of a heart as a symbol of romantic love dates back to the 13th century. It is found in a French manuscript where a kneeling lover offers his heart to his lady.

The heart shape is also formed by the heads of two doves in love, an animal associated with Aphrodite, the Greek Goddess of Love.

Doves as a Symbol of Love

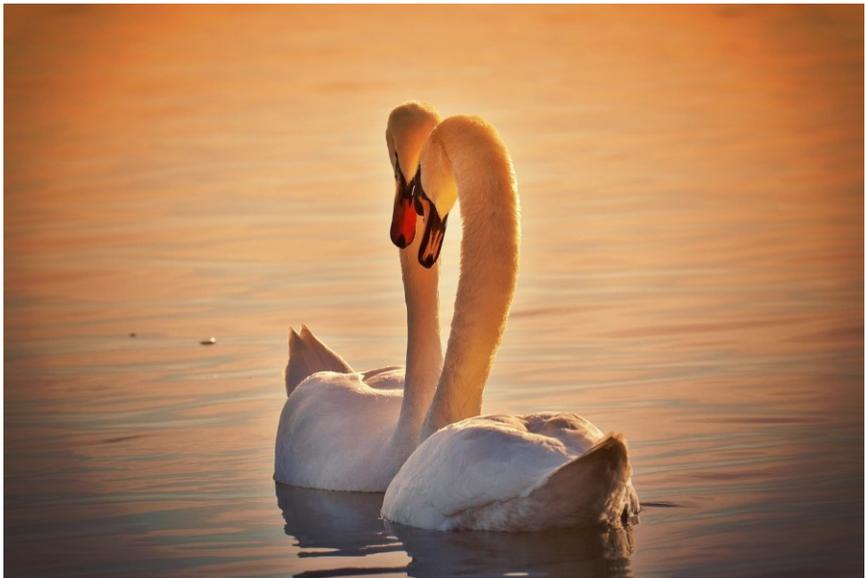


Peace Picasso

Doves are considered a symbol of faithful and eternal love because they mate for life. Depictions of two doves together symbolize everlasting

love.

Swans as a Symbol of Love



A Swan symbolizes love, grace, purity, and beauty. The swans pair for years, sometimes for a lifetime. The image of two of them swimming creating a shape of a heart is a beautiful universal symbol of love.

Cupid as a Symbol of Love



Cupid or Eros means desire in Greek. Cupid was born out of the chaos alongside his sister Aphrodite. In the Roman Myth he is born from the union of Mars and Venus representing a symbolic merge of Heavenly and Earthly Love. Cupid is often shown as blindfolded symbolizing the love's blindness.

In one tale Cupid as a toddler steals some honey and is stung by bees. He cries and runs to his mother Venus, saying that bees are so small and yet their wounds are very painful. Venus laughs, and tells him that he too is very small, and yet that he delivers the sting of love that can be very painful.

Celtic Love Knot

The Celtic Knot has no beginning and no end, and it stands for the everlasting love.

The symbol represents the perfect union of two people.

When the three knots are laced together,



it symbolizes the Unity of Divine Lovers, God, Man and Woman.

Maple Leaves

In China and Japan the maple leaves are love symbols of the beauty of love in daily life.



Rose

The ancient Greeks and Romans identified the rose with their goddesses of love, Aphrodite and Venus.

Rose represents all things sensual, sacred, pure and romantic. In Rome a wild rose was placed at the entrance door of a house where secret matters were discussed.

Triangle

In Ancient Egypt the Triangle was a symbol of intelligence and it symbolized one's capacity for love. The triangle within the Buddhist Shri Yantra Mandala helps the invocation of love energy.

Rose Quartz



Rose quartz generates strong love energies. This quartz crystal is used to open the heart. Rose quartz is seen as a stone of unconditional love.

Heart Chakra

Within the Yoga Philosophy, Anahata is the 4th chakra, the heart chakra. It is located near the heart. Opening the heart chakra we open to love. Anahata symbolises love, compassion, selflessness and

devotion. Anahata's colour is smoke-green-grey.



Its shape is two triangles, creating a star of David that symbolises the union of the masculine and feminine energies. It is often represented by the union of Shiva and Shakti. The chakra's animal is an antelope.

Feng Shui and Love Symbols

The back right corner of any home is the Feng Shui Love and Relationship corner.

In the Feng Shui two of anything represents a harmonious and balanced relationship. The Dragon and Phoenix symbolize a perfect couple.

PHOENIX: A Phoenix dies in its self-made flames to rise again from its own ashes. To alchemists, it symbolizes the destruction and creation of new forms of matter.

Phoenix by Nuit

From Black Crow to White Swan

From White Swan to Peacock

From Peacock to Pelican

That stabs her breast with her beak
To feed her young with her-own blood

From Pelican to Phoenix - that builds its nest
On the top of a funeral pyre, and then sets it on fire
To arise anew from the ashes
Transformed

Awakened - Love awaits its turn

Entering your dreams

Stepping firmly onto your path

- Give me your thoughts

I will open the door of my consciousness and

We will mix the two together

Into an alchemical pot cast of our souls' aching

For-Love, to-Love, in-Love

So our worlds will become: So-Ham

SNAKE: A Snake also represents rebirth, male or female sexuality, and fertility. It represents Kundalini that is an Eastern female energy or life-force.

Mandarin Ducks: If separated from its mate, the Mandarin Duck will be devastated. It will yearn for its partner and die from loneliness. Feng Shui suggests that the symbol of Ducks is placed as a pair in the Southwest of a home.

Love Symbols and Hinduism

The ecstasy of devotees that sing hundreds of songs to their Gods embodies the deep feelings of Bhakti and Devotion. Krishna is an important and popular focus of these devotees. Kṛṣṇa in Sanskrit is an adjective meaning 'black' or 'dark'. Krishna is most often depicted as a youthful man with a dark or blue skin playing a flute surrounded with women in ecstasy dancing.



Krishna appears in many forms. When he is together with Radha, he is regarded as supreme lord under the name of Radha-Krishna. Radha is considered to be the perfect devotee. RadhaKrishna cannot be broken into two. Such was the love of Radha towards Krishna that they became one.

Shiva and Shakti as Love Symbols



Shiva is limitless, transcendent, unchanging and formless. He is depicted as a Yogi who lives an ascetic life or as a family man living with his wife Parvati and his two children:

Shakti is a concept of feminine creative power. On the earthly plane, Shakti manifests through fertility.

Chanting of the Sanskrit bij mantra MA is used to call upon the Divine Mother, the Shakti, as well as the Moon.

Shiva is a Tantric couple with Shakti that is energy, movement, action within the existence. Shiva is her transcendent masculine aspect. Shakti manifests in many female forms: Sati, Paravati, Durga, Kali, etc.

What is Your Spirit Animal?

How to identify your animal totem?

For Shamans, each animal has a lesson to teach us and main qualities of animals are captured within their animal spirits that come into contact with us to heal us and inspire us in our spiritual journey. Their special energies can teach us and guide us in our search. Ask your inner being: what is my inner animal, my spirit animal, my totem and allow its qualities to inspire you.

Identify any animal that in any way attracts you. Is there a specific animal that fascinates you more than the rest? Is there an animal that you associate yourself with? Is there a quality that you can relate to? Is there an animal that you meet in your dreams or meditations? This is your spirit animal.

What is your animal spirit

If you fear an animal, it can become your guide. Shamans believe that if you survive an attack of an animal, then that animal is your spirit guide.

'Find Your Spirit Animal' Meditation

Sit comfortably in a silent place.

The meditation can be done inside your home or within your favourite place in nature. It is very good to meditate near the water: a lake, a water source, or near the sea; or in a cave on a mountain top. If you meditate inside, light a candle, switch off any music, your mobile and phone. The best time for any meditation is sunrise or sunset time: early morning or early evening.

Allow all the thoughts to disappear. As a preparation to any meditation you can do some yoga or walk in nature for around 20-30min. It is also good to meditate just after a jog or tai-chi, or chi-gong exercise you just had.

This meditation should last around 30min. Sit straight, relax and enjoy the silence around you for a few minutes. Do not move, just listen to your own breathing. Follow your breath for around 5-10min. It is a simple and very effective zen exercises: just breath in and out, observing your breath. Following your breath you will allow your mind to become quiet.

After, you have focused for long enough to clear your mind from thoughts, work with a visualization exercise that is used by shamans to connect you with your spirit animal. Within your mind, allow your astral body to 'separate' from your physical body. See yourself rising up, leaving your body and the place that surrounds you, and go into a high sacred mountain space. Imagine that the space is filled with amazing beauty and wonder. This phase of meditation will last around 5-10min. Once you are within your imagined sacred spot, meet your wise man or woman, the one who knows it all and allow the wise man/woman to invite your spirit animal to come and meet you. Let your subconscious give you the answer to the question: what is my spirit animal. Allow this information to flow un-obstructed by thoughts, prejudices, worries, or pre-conceptions. Allow the animal to meet you eye to eye and feel the connection you have with this spiritual being. Feel love towards the animal, the wise man, the surroundings. Take the gift with gratitude and leave the space returning to your meditation spot.

Mystical Animals, by Nuit

Will and Love - practiced
to invoke her Majesty **Kundalini**
In the world where adepts die and bloom as Lotuses
The perfection of Union is **Silence**

The desire for Beauty within a **Dolphin**
that possesses the Soul
keeping it under the **Abyss** - giving It the Madness of Pan
seeking the totality of all possible 'do'-s
jumping into the river full of streams of thoughts

Until...

The steady sound of stills Its mind
freeing it from its grossness and violence
destroying the illusions of shame and desires,
and loathsome forms of ego-structures
allowing **Faun** to appear and accept Its True Nature

Aiming at **Perfection** - day after day
Purging all of 'I's - uniting with 'All'
the Will finally becomes the Self
the Faun transforms into the **Unicorn**
that knows the life of pure joy
and have only thoughts of clarity and splendor

Worshiping Silence - Ecstasy Transcends Expression
The Soul is **Freed**

Spirit Animal BEAR

The bear is strong and fast, yet his strength is not immediately obvious. He hibernates for the winter and his main quality is this ability of contemplation. His strength is hidden and his inner wisdom vast. He also represents confidence. Vikings used to wear bear skins in times of war to appear powerful and fearless. Among Northern American Indians the Bear was considered to be a Wise Teacher. The bear is also associated with shamans, so it symbolizes the inner healing abilities.

Spirit Animal BAT

The bat lives in caves and comes out during the night. It represents our unconsciousness. The bat has an inner awareness so it is capable to understand the darkness of the night, the death and the world of dreams. It is known as the 'Guardian of the Night'.

The Native Americans saw bats as symbols of intuition, dreams and visions. People that have this animal as a totem are sensitive and intuitive.

Spirit Animal BIRDS

The birds represent joy and beauty. They fly from tree to tree learning, appreciating, being. They teach us a quality of wonder. They are unselfish and are symbol of anything beautiful.

Birds fly and their playground is the sky, so they represent a mystical link between heaven and earth. In Feng Shui birds are considered a powerful symbol of new opportunities. Angels have wings and we all often dream to fly as birds. Birds are also symbols of freedom and they serve as messengers from heavens

Spirit Animal BUTTERFLY

The butterfly represents inner journeys and dreams. It is a symbol of transformation moving from egg, to larvae (caterpillar), to an amazing beauty of a butterfly. Dreams and art is its major quality. It might have troubles adjusting to a society norms. In many cultures the butterfly is associated with the soul. Within the Mystical Christianity soul is a butterfly and soul's journey is the one of transformation.

Spirit Animal CAT

Cat is a guardian of underworld. The cat is sensitive, alert and beautiful. It teaches us creativity, and it is a symbol of female power. The cat knows how to relax and yet stay alert. It teaches us how to enjoy life, be in the moment of Now and how to act when the time is right. In

Ancient Egypt cats were sacred and are associated with the Moon Goddess Baset. The Romans also worshiped the cat as a companion of Diana, the Moon Goddess.

Spirit Animal DEER

The deer is gentle, graceful and elegant. It is an animal that is very alert and sensitive. Its main quality is unconditional love. The deer teaches us a quality of determination that is gentle in its approach. The energy of the deer is present when a person is living from the heart. The deer offers a quality of inner gentleness, and innocence of a child. It symbolises intuition and psychic abilities. The deer invites you to find your peace in silence.

Spirit Animal DOLPHIN

This animal represents the water element. The dolphin is emotional, creative, sociable, and playful. It is in tune with the rhythms of nature. It represents a person that loves company, action and thrives on fun. Dolphin is the king of fish. Within the Mystical Christianity the dolphin is a symbol of resurrection. In Greek Mythology dolphins carried the souls of the dead to the Islands of the Blessed. Dolphin has both Yin and Yang qualities. Its Yang qualities are within its active spirit, and vibrant body, it symbolises renewal, health and intelligence. Its Yin qualities are connected with intuition and dreams.

Spirit Animal DRAGON

The dragon represents the Life Force Itself. In Asia it is worshiped as a sacred animal. It is a strong animal that is capable to materialise anything. It combines the female and male qualities. Chinese dragons symbolize control over water, our subconscious forces. The dragon is a symbol of power, and good luck for the ones who can bare its strength. It is a holder of magic powers. It is a teacher, and a magician.

Spirit Animal EAGLE

The eagle represents a free spirit. It rules over Air element and it is its highest representation. The eagle lives alone, flies high and teaches us to face our day-to-day trivialities with courage and to see the world holistically.

The eagle qualities are freedom, determination, clear vision and it teaches us to live our highest potential through clear intentions and ability to manage thoughts.

In Christianity the eagle represents the Christ himself.

Spirit Animal ELEPHANT

The elephant is large and strong, it represents eternal strength and a capability to overcome any obstacle. A famous God in Asia that has an elephant head is Ganesha, a remover of all obstacles. The elephant is kind and respectful of others. They are symbols of wisdom and good luck.

The elephant has quality of stability, determination and loyalty. It stands for high sensitivity and it is a symbol for social connection.

Spirit Animal FOX

The fox is clever. The fox knows how to hide, and how to hunt even in the very busy human inhabited places. The fox is beautiful and it represents our senses, instincts and alertness.

The Celts believed that the fox is a guide, and that it symbolises wisdom.

The fox teaches us determination, and the power of focused mind.

Spirit Animal HORSE

The horse is elegant, strong, and independent. It symbolises personal power and stability. Within the Greek mythology the horse as a healer. It can be trusted, and relied upon. It is a very good friend. In Feng Shui

the horse brings the energy of success, fame, and freedom.

The horse brings the balance between instincts and reason. In dreams horses symbolise sexual energy.

For Jung horses symbolize natural forces that we master in our life. They symbolise the core life drive.

Spirit Animal LION

The Lion represents the fire element. The lion is the king of all animals, it represents leadership. The lion walks like a king, talks like a king and moves like a king. It requires attention. If allowed, it is capable to materialise challenging life projects.

In Ancient Greece lions symbolise guardians of the dead and guardians of shrines and temples. In alchemy the lion symbolises Gold. In Buddhism Buddha sits on the lion symbolising strength and wisdom. In Hinduism, the lion is an embodiment of Vishnu.

Spirit Animal OWL

The owl represents wisdom. The owl symbolises stillness. The owl is a symbol of a wise old man that understands the secrets of nature and does not get disturbed by seasonal changes.

The owl teaches us that there is a spring after every winter, and joy after every period of suffering. In Ancient Greece owl is a symbol of Goddess Athena, symbol of intelligence and wealth.

For Native Americans the owl is the keeper of sacred knowledge. For Aboriginals the owl is the messenger of secrets, and a companion of mystics and medicine men.

Spirit Animal TURTLE

The turtle carries its home with it. It needs safety and protection. Once it has a home, it is a symbol for longevity, health and invisible strength.

They teach us that moving slowly might be an advantage in a long run. In mythology, turtle represents the moon, immortality, and fertility. In African fairy tales, turtle represents wisdom. In Asia it symbolizing endurance, strength, and longevity. Tortoise shells were used for divination.

The Ancient Chinese Constellation has four sacred animals that guide the heavens: the Azure Dragon, representing the east, and the wood element, the Vermilion Bird or Fenix of the south representing the fire element, the Black Tortoise that is the ruler of the north tortoise, representing the water element, and White Tiger that protects the west representing metal.

Spirit Animal WOLF

The wolf lives alone. It is independent and it represents a teacher. It materialises projects alone. It has no fears and It takes wisdom from the earth. It is a devoted friend and it knows how to protect its closest.

Tree Magic



Trees were respected since the beginning of time. Different cultures

acknowledged the magic powers within ancient trees and performed various rituals around them. A tree can simply bewitch you offering a sense of mystery and magic, taking you into the journey of green respect towards this witness of time passing, into the wisdom of its mature being. Its roots lie deep in the ground. The leaves draw energy from the sunlight. The trunk is strong and wide. What is the tree hiding: ancient secrets, ghosts, goblins, spirits, ferries or just squirrels?

Druids were priests of an ancient Celtic religious order. They thought that the oak tree is sacred and they carried out their religious rituals in oak forests. They chose the deepest parts of woodlands for their most sacred places.

The Pagans used the Yew tree as the focus of their worship. Apparently, the Yew has a particular quality that inspires a feeling of awe.

The Greeks and Romans decorated their dwellings with ivy, taking evergreen plants into their houses acknowledging their magical qualities.

The Christmas tree is a symbol adopted by Christian tradition, referring to the salvation that Jesus brought to the world by his birth.

Ancient Slav Zodiac

According to the Ancient Slav Zodiac we all have our Tree Signs. Find the date of your birth and enjoy the spiritual meaning of the Tree that protects you. Or learn about the tree that attracts you, it could be your sacred tree.

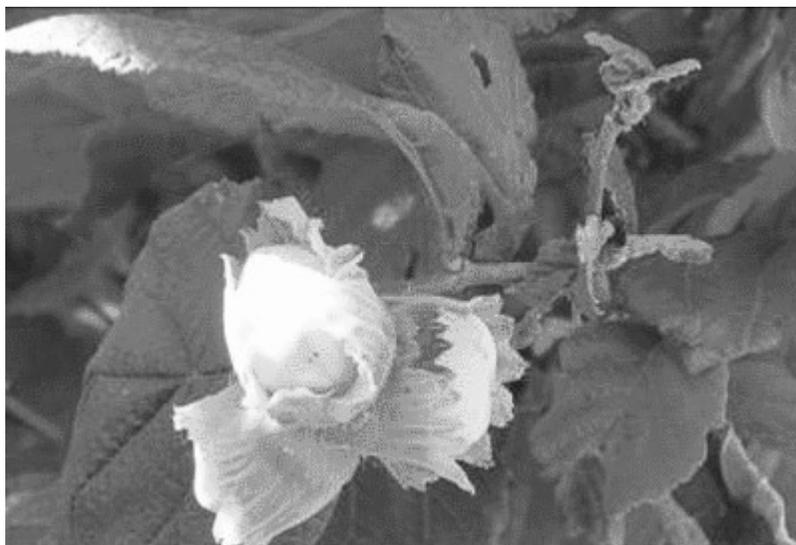
Oak Tree: 21.March



An Oak Tree is respected as a sacred tree amongst many cultures. Our ancestors used to take important decisions meditating under an oak tree.

If you are born under the protection of this tree you are born to be a leader, a protector, and a guide. You look and act mighty-full and the energy that is given to you is full of creative power. You give an impression of an individual that has a lot of strength. You stay strong and healthy even in your old age. You are brave and carry an ability to change the world. Free and independent with the pure motives you usually work on higher goals and ideals. Followed by the Lady Luck you will flourish if you take care of your 'roots'. The most treasured quality is independence. The worst enemy is . Your openness is contagious, however you might have a difficulty committing to one partner.

Hazelnut tree 22. - 30. March and 24. September - 03. October



A magic fruit tree. Bearing the most delicious edible nuts. A lot of energy follows the people born under the protection of the hazelnut tree. Following your plans to the execution, your initiative often 'feels' like Magic to the others. Your charisma could make you a good leader. The biggest strength is your constant drive to improve and an ability to change your position, home, surroundings. Not afraid of change, and intelligent, you are almost capable of reading other people's thoughts. The biggest weakness could be your intolerance towards the mediocracy. You do not copy others, you are original in your thoughts but also unpredictable. That could cause problems when working with others. Capable of passionate love you could also passionately hate.

A Mountain Ash or Rowan: 01. - 10. April and 04. - 13. October



A Mountain Ash or Rowan is a flowering tree that has pinnate leaves and large clusters of whitish flowers, followed by scarlet berries.

This is a tree of deep feelings. You are capable of deep love, and you expect the same from your partner. You believe in the family and if you settle with the right partner, you will manage to gain the emotional stability. The family base will give or take away your stability. You need to feel secure and you are attracted towards luxury. Usually you will gain the material stability you so desire. Your biggest weakness could be your constant wish to be liked and loved by others.

Acer or Plane Tree: 11. - 20. April and 14. - 23. October



A favourite of the Greeks and Romans; the American sycamore or Eurasian maple tree. In Africa they are thick-branched wide-spreading trees with branches rising from near the ground.

The Acer is the tree of intelligence. People born under the protection of Acer are unusually intelligent. Exploration, new discoveries, and plenty of new ideas always surrounds you. Often ahead of your time, often misunderstood, others find it difficult to follow you.

When young very shy or extravagant, yet always in search for new knowledge, new information, new discoveries. Most often you have success in life, and you enjoy 'bathing' within this success. Attractive to the opposite sex, you find it difficult to appreciate the family life or settle with one partner.

Walnut tree. 21. - 30. April and 24. - 31. October



A Walnut tree needs time and space to mature. The youth that is under the protection of this tree is often shy and insecure, over-emotional and gentle. Yet, with the proper nurturing and care the walnut tree offers the most amazing fruits. Seemingly slow in your action you are very strong and persistent. You always get to your goal. There is no unfinished business within your relationship with others. Your beliefs are strong and you do not compromise. Your feelings are deep and that makes you an honest and devoted friend.

Poplar Tree: 1. - 14. May; 5. - 13. August; 1. - 8. November and 4. – 8. February



Poplar has soft light-coloured nondurable wood. It is widely cultivated in the United States and has white bark and leaves with whitish under-surfaces. If you are born under the protection of Poplar you are detailed, precise, and intelligent. In everything you do you execute precision. Freedom is the only God you worship. If you stay honest and truthful you will not need to complicate your relationships with friends, family, or your partner. You are surrounded by influential people and often find yourself in influential positions. Often your family becomes your source of strength and the place where you rest between two 'successes'.

Chestnut tree: 15. - 24. May and 08. - 21. November



A chestnut tree produces edible nuts inside husks. The chestnut tree is a tree of 'rightfulness'. Connected to the rightful doing, thinking and feeling you find any injustice offensive. No matter how many enemies you might create you speak your truth openly. Impulsive and sensitive, you might feel disappointed with the injustice and lies amongst people. This might grow to become a cynicism or emotional coldness. You need the time of silence to withdraw from the world of desires, to re-charge and give yourself a space for the creative impulses.

Ash belonging to the Olive Family: 25 - 03. June and 22. November - 01. December



An Ash tree is a tree of ambition. Beauty, and the wish to succeed surround you. Your intuition is in sink with your intelligence. You have an ability to deeply understand people, relationships, life. This is a gift that almost feels like 'magic' to others. You often intuitively know the flow of life and its endings. You will succeed in your plans and enjoy your successes. Your work might become famous during your life-time or after your death.

Sour Cherry Tree: 04. - 13. June and 02. - 11. December



A sour cherry tree is the tree of art. You are deeply moved by beauty and all its manifestations so you seek it all around you. A sportsman, or a special diet-follower you will work on your vitality and health until the old age. You look for beauty in all. If you are surrounded with beauty your energy will flourish.

Fig Tree: 14. - 20. June and 12. - 21. December



A Fig Tree is a tree of feelings. The olives absorb the energy around them. The olive oil has to be kept closely tight in a small container because it will absorb the scents of the surroundings. You are capable to understand the whole spectrum of feelings. Good natured, gentle and sentimental your happiness is not stable. The other people's unfriendliness deeply hurt you and their friendliness make you happy. In an attempt to please others, sometimes you are too strict towards yourself or your children. You are a faithful partner and that makes you very attractive to the opposite sex. You appreciate the values of the family and you will work hard to establish their happiness. It is the family that gives you security and you need their constant appreciation. Your work is slow but consistent and with your persistency you will achieve results. You find it difficult to start your projects but once you start them you will finalise them. Often you get sick during the cold winters.

Birch: 21. June



If you are born during the longest day in the year you are beautiful, elegant and refined. You are energetic and your optimism is contagious. Friendly you are good natured and charming. You could be a writer, or a leader because you are not afraid of big projects. You could do a lot for the benefit of others. Your good looks, creativity and charisma open the door to your endeavours. You do not forget your life lessons and your memory is great. In love you follow both intuition and intelligence and work to have a passionate relationship even with your long-term partner. You have a quality of a Divine Madman but you do appreciate your family and home.

Beech 22. December



A Beech is a tree of beauty. Beauty and dignity is your middle name. You keep your good looks until your old age. To stay beautiful is a must so you work on your fitness, diets, or even go for a plastic surgery to stop the aging process. You follow fashion and like good clothes. In youth you might be mis-understood and unhappy often because of the unhappy love. Later in life you prove to be a faithful partner searching one deep love affair. You should look for a partner that is an optimist to bring some laughter into your life. If you are disappointed in love, you could easily turn towards hate. When you hit your mid-life crises, you might be the one to wish to change the partner, seeking eternal youth. Your best moments are later on in life when your organising abilities come into full force. You will have money.

Apple Tree: 22. June - 04. July and 23. December - 01. January



People under the protection of an apple tree are extraordinary gifted. Many cultures considered the apple tree to be the tree of love. You are beautiful, attractive and you constantly think about love. For you falling in love happens every day and you enjoy the ecstasy of love-making. The love can be 'secret', 'passionate', 'jealous' and since you are thirsty for love you might experience them all. Stay honest and open within your relationship so not to complicate them too much. For you it is difficult to stay faithful. You earn and spend your money easily cause you are not attached to it so often you find yourself in debt. You live in the moment of Now, and that could make you a victim of not-real friends.

A Fir Tree: 05. - 14. July and 02 - 11. January



A Fir tree is a tree of mysticism and the people born under the protection of this tree are surrounded by art, mysticism, music. Women like to wear jewellery, and men get attracted to antiques. You have a stable health and a long life. The danger is that you could become an egoist that appreciate his or her collection more than people. It is very good for you to have children and live in a family life returning back to the true life values. Aware of your weaknesses you try to transform them into virtues. Very intelligent, completely conscientious and very persistent you can overtake any obstacle. You have strong willpower and you are very patient. If you turn towards the 'love training' you will open your heart and start appreciate your partner more.

Elm: 15. - 25. July and 12. - 24. January



An elm is a tree of attractiveness. If you are born under the protection of this tree you will be very attractive, you also have a strong sense of justice giving hard time to both yourself and others. Open and honest, you are a faithful friend. You take care of your health until your old age. Peaceful and relaxed you do care for others, especially your family members. You are patient with kids and could be very gentle with

animals. Your love life is very rich and you fight for your ideal all throughout your life. Because of your stability, optimism and nationalism, you might become a politician. The family harmony, the long-term relationships with your partner and friends, the secure home environment are all very important for your emotional security. Your weakness might be your sense of security vs. your wish to expand into new horizons. Nurture your creativity and focus your intention and you will succeed.

Cypress Tree: 26. July - 04. August and 25. January - 03. February



A Cypress tree is a tree of faithfulness in love, in business and in friendship. Truly a monogamous creature, both men and women find their love within one partner. Capable to adapt to all situations you are satisfied with the little, you believe that the happiness is not within the

possessions but within the lack of desires. Honour is your strongest virtue. You can trust your-own ability to succeed in life that is why you usually do your chore on your-own. You have to learn to trust other people abilities and delegate your work so that you get that extra help and live into your old age.

Almond Tree 14. - 23. August and 09. - 18. February



An almond tree is a tree native to Asia and North Africa having the prettiest pink blossoms and highly prized edible nuts.

The almond is the tree of optimism. If you are born under the influence of this tree you can adapt to all situations and become a very good manager. Your self-confidence is contagious, your charisma takes you into many love relationships and good business deals. You love the love and life game and falling in love is a part of your life rhythm. Open, giving, friendly you enjoy art, music and sports. You appreciate money as a tool for your entertainment. You are a self-centred perfectionist and that can also be your major weakness.

Pine Tree: 24. August - 02. September and 19. - 29. February



A Pine Tree is a tree of refinement. The pine gives people born under its influence a gentle, refined body that loves to be surrounded with beauty and luxury. You cannot stand ignorance, vulgar behaviour and dirt. You know what you want and how to get to where you want. No defeats can harm you and your goal is always ahead. Intelligent and precise, you can become a millionaire. Be aware not to close your heart. Your weakness is within your ego-centric nature and your lack of compromise.

Willow: 03. - 12. September and 01. - 10. March



A Willow is a tree of Sensibility. Our ancestors thought that ghosts dance under the willow trees. Sensual and with a strong interest for spiritual life your intuition coupled with your perception makes you a natural medium. Your 6th sense is strong and gives you a balanced philosophical attitude toward life. You are sensitive and gentle needing of lot of care and love. A happy family structure is a must so that you can flourish. You are a dreamer, a nature-lover, a romantic, sometimes a melancholic. You are an artist with an amazing inner strength that has no exhibitions unless s/he truly relies on the inborn self-confidence and a world-traveller that dreams of home. You are an unfaithful lover who believes in love, its strength and romance. You prefer to rely on your intuition that on your mind.

Linden tree: 13 - 22. September and 11 - 20. March



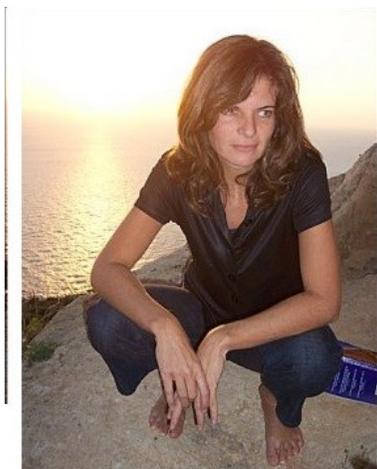
A Linden tree is a tree with heart-shaped leaves and drooping cymose clusters of yellowish often fragrant flowers. It is a tree of wizards. Born under the protection of this tree you are deeply connected to secret societies, occult happenings and magic. Beautiful as youth you become over-weight in the old age. With your practical intelligence you are organised, clean and precise and you demand this from your family. If your focus is within the 'purity' of the spiritual work you will find your soul-mate and nurture a happy family. Your strong intuition overpowers your sense of the practical analysis. Finding the balance between the two is your key to happiness.

Cherry Tree: 23. September



People born under the protection of the cherry tree are unhappy whenever there is no sun. Aware of it you often try to move to tropical places to combat the rheumatism. Peaceful, tolerant and wise you do not like violence. Live as you please and let others live is your moto. The only time you get really mad is when someone betrays you. The betrayals can take the worst of you. Friendly, you are loved by many, your laughter is loud and contagious, as though you spread sun around you. The centre of attention your magnetism is obvious. You do not understand envy and jealousy. You have a philosophical attitude towards life, its successes and failures. It is a pleasure to be around you.

ABOUT THE AUTHOR



Nataša Pantović Nuit is Author, Trainer, Yogi and Spiritual Researcher that lives and works in Malta.

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Always fascinated with energies of: Love, Divine, Power of Mind, Creativity, Tao, Living one's Highest Potential, Nuit writes self-development courses, poetry, novels exploring topics of inner-

development, esoteric or occult teachings, and New Consciousness. The main theme of her Mindfulness Books is our alchemy transformation, the alchemy of soul, our everlasting quest to find the gold within, discovering the stone that transforms metals into gold.

After helping Father George build a school in a remote area of Ethiopia, she entered the most amazing world of parenting adopting two angels from Ethiopia as a single mum. Nuit says that her kids are her biggest Conscious Parenting Teachers.

Nuit has traveled through more than 50 countries and lived in 5: UK, New Zealand, Holland, Serbia and Malta. Worked as Head of Business Development, Trainer and Organizer of various Body Mind Spirit Festivals in Malta, she now writes and lectures about variety of spiritual and self-development topics.